

pariet' dolo. 7 de sua corrupone no
 despare. ¶ Quo ul' q' cautela per
 pbratioz vā deat corrupta mēs
 flagellari v' exatōz.

¶ Cūlo p' mmiā afflictioz qūz vsq' ad
 ipudētiā effrenat.

¶ Q' n' ordmā v' cū' sit bō n' sit et
 modata.

¶ De p'napalū' affliū' nūō 7 ordmā
 di mō' opēdiosa implanōe

¶ Q' affliōnes ordiate vānt s' bōe
 si s'nt et modate.

¶ Cūq' mod' hōz mēs iurā estat' tūf
 gredz. ¶ Ad quā ipudētē ena
 gāioz mmi' hōz mēs p' s'ntuat.

¶ De p'napalū' hōz i' q' n' mala
 deseri' n' bō' i' d'hoaz.

¶ De p'napalū' hōz et alijs affliōz
 quibz p'napet.

¶ Quō' v' tutes i' v'na v' tane' n' p'
 discreoiz modentz.

¶ Quō' l' q'ie sero oriat' d'iscre' q' t'
 tur sit v'na p'lea rōis.

¶ De discretiois vtilite' 7 op'p'etē

¶ Q' sit v' tutes q' sit d'iffic' discretioi
 p' hō' ob'p'are.

¶ De mlti' offō' v' d'iscre' q'.

¶ De gēma p'lea rōis grā v'z d'iscre' q'
 et grā' d'ēptōis.

¶ Q' p' plenā' d'g' hōz sui rōlenat' ai'
 ad d'ēptōis d'ei.

¶ Q' p' r'ardū' l' d'iffic' grāz d'ēptōis
 omē obtine.

¶ De illo d'ēptōis grā' q' d' ē' f' rōz.

¶ De s'v'mine' spūalū' thōiaz.

¶ Q' sit r'ay s' rōidū' spūales theo
 rias rōsu ad eē' rē.

¶ Q' frust' m'itū' ad sūma n' p'ue
 niēte nos grā'

¶ Cūta sit v' tutes in plena cog
 mtione sui.

¶ Cūq' moīs ad s'cā altitū' r' fig' d'.
 ¶ Quō sūmīs conatibz d'ima reuelatō
 occurrit.

¶ Q' suspē' d'eat eō' oīō' r'uelatō' quā nō
 cōitā' s'p'tāz attestatō

¶ Q' sit r'p'ō' p' h' s'ibi' q' mēs p' excessū
 v' d'z ex r'uelatōe d'ima.

¶ Q' illa mēs reuelationes d'imas p'
 tēpit q' m' r'ō' s'cāe d' s'uenit.

¶ Quō mēs se ad m'iora colligē' d'eat
 q' ad celestū' d'ēptōz al'elat.

¶ Q' sit rōidū' et dulce d'ēptōis g'm
 f'ailharē h' rē.

¶ De duobz g'mbz d'ēptōis.

¶ Quō d'ēptōis d'ēsmat i' medita
 tionē. vel quō meditatiō assingat
 in cōtemplationē

¶ Explicat tabula. Ad ay d' p' i
fō' s'c' l'uce v' 4 m' f.



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