

*The way of making S A L T S.**The way of making Volatile, or Essential
S A L T S.*

Take a sufficient quantity of any fresh succulent Plant, beat it in a wooden or Stone Mortar; then pour a large quantity of clear fountain water upon it, boil it till half is consumed, strain it hard, and boil it again to the consistence of Honey; put it into a glass vessel or glazed Pot, and set it in a cold place for eight days at least, and a Crystal Salt will grow together in the manner of Sal Gemma, which by pouring out the decoction may be collected; it must be washt in its own water and dryed for use. This way is made the Salt of Wormwood, Carduus Benedictus, Mugwort, and of other bitter Herbs easily, but of others very difficultly.

*The way of making fixed, or Elementary
Salts.*

The Method of preparing consists in these four things; Calcination, Solution, Filtration, and Coagulation; first the Medical matter must be reduced into ashes by Calcination, but care must be taken that the ashes be not turned into glass by too great a fire, then by pouring clear hot water upon the ashes to extract all the Salts, make a Lie; filtrate and boil it in an earthen vessel over a gentle fire, till all the water is evaporated,
and

and only Salt remains, which must be dissolved, filtered, and coagulated once and again, till it is free from all its impurities, and becomes white, and so are made Salts from Plants, parts of Animals calcined, and the like; of these the following are best; Salts of Wormwood, Thyme, Rosmary, the lesser Centaury, Mugwort, Carduus Benedictus, Masterwort, Parsly, Rest-harrow, Ash, Dwarf Elder, Gujacum, Box, Cammomile, St. John's-wort, Succory, Celandine, Scurvy-grass, Bertonny, Hemp Agrimony, Baulm, Ceterach, and the like.

The preparation of some simple Medicines.

The way of preparing Fats.

Fresh Fat, the little veins, fibres, and skins being taken out, must be washed in fair water till it is freed from blood; afterwards being well bruised, it must be melted in a double vessel, then strain it into water, and there let it remain till it is cold; then drain the water from it, and keep it in an earthen pot in some cool place; it will keep a year. The same way is prepared Marrow taken out of the bones, in the Autumn chiefly.

The burning of Brass.

Make a lay of small Brass plates in an earthen pot, and a lay of common Salt, or Sulphur