

when it is almost cold, add of the species *Lætificans* and *Dialacca*, each a dram, of salt of *Wormwood*, and of the *Ash*, each two drams, of the essence of *Saffron*, two scruples, of *Oyl of Anise*, a few drops; make a mass for Pills.

Virtues. They are good in melancholy, and for diseases of the skin.

Dose. Half a dram may be taken at a time.

Laudanum.

Take of *Thebaick Opium* extracted in spirit of *Wine*, one ounce, of *Saffron* extracted the same way, a dram and an half, *Castor*, one dram, make them up with a *Tincture* made of half an ounce of the fresh species of *Diambra*, in spirit of *Wine*; then add presently of *Ambergrease* and *Musk*, each six grains, *oyl of Nutmegs* ten drops, evaporate it in a bath to a due consistence.

Virtues. It is used to ease pain in general, and to stop fluxes, and is much better then *Liquid Laudanum*; for all *Tinctures* loose of their virtue by standing, and so they cannot be so easily dosed.

Dose. One, two, or three grains may be taken at a time.

Troches, in Latin, Trochisci.

Troches of Agarick, in Latin, Agaricus Trochiscatus.

Take of white and light *Agarick* rasped small, and sifted three ounces; infuse it in a sufficient quantity of white *Wine*, wherein two drams of *Ginger* hath been infused; make *Troches*,

Virtues.

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Virtues. They are good for an ill habit of body, and the jaundice, provoke urine, and the courses, they purge gently.

Dose. A dram, or a dram and an half may be taken at a time.

Trochisci albi Rhabis.

Take of Ceruss washed in Rose water ten drams, of Sarcocol three drams, of white Starch two drams, of Gum Arabick, and Tragacanth, each one dram, of Camphor half a dram, make Troches with Rose water, or with Womans Milk.

Virtues, They are good for inflammations, and pains in the eyes, and for ulcers in the yard, they strengthen and dry, they may be dissolved in Rose water, or Poppy water.

Dose. A dram or a dram and an half may be taken at a time.

Troches of Albandal, in Latin, Trochisci alhandal.

Take of the white and light pulp of Coloquintida, freed from the seeds and cut small, and rubbed well with an ounce of oyl of sweet Almonds, and two days after finely powdered, ten ounces of Gum Arabick, Tragacanth, and Bdellium, each six drams, infuse the Gums three days or four in a sufficient quantity of Rose water to melt them, then with the pulp above-mentioned, and part of this Mucilage, make Troches, dry them in the Shade, and then powder them again, and make them up again with the rest of this Mucilage.

Virtues.

Virtues. It is a violent Medicine, it purges thick and glutinous flegm, and other humours, from the remotest parts of the body, as from the Head, Nerves, Joints, and the like.

Dose. A strong man may take fifteen grains, or a scruple, but it is most commonly mixed with pills to quicken them.

Troches of Winter Cherries, in Latin, Trochisci Alkekengi.

Take of the fruit of Winter Cherries three drams, of Gum Arabick, Tragacanth, Olibanum, Pine nuts, bitter Almonds, white Starch, juice of Liquorice, Bole Armonick, the seeds of white Poppies, each six drams, of Melons, Cucumbers, Citruses, Gourds, each three drams and an half, of Smalage, white Henbane, white Ambar, Lemnian Earth, and Opium, each two drams, with the juice of fresh Winter Cherries make Troches.

Virtues. They are used to expel gravel, and to provoke Urine.

Dose. Two scruples of them may be taken at a time.

The white pectoral Lozenges, in Latin, Trochisci Bechici albi.

Take of fine Sugar one pound, of white Sugar Candy, and Penids, each four ounces, of the roots of Florentine Orris half an ounce, of Liquorice six drams, of white Starch an ounce and an half, with a sufficient quantity of the Mucilage of Tragacanth, extracted in Rose water, make small Lozenges, they may be perfumed upon occasion with
four

four grains of Ambargrise, and three of Musk.

Virtues. They are good for Coughs, and help expectoration.

The black pectoral Lozenges, in Latin, Trochisci Bechici Nigri.

Take of the juice of Liquorice, and of white Sugar, each ten drams, of Tragacanth, and sweet Almonds blanched, each six drams, with a sufficient quantity of the Mucilage of the seeds of Quinces extracted in Rose water, make Troches.

Virtues. They are much of the same virtue with the former.

Troches of Camphor, in Latin, Trochisci de Camphora.

Take of Camphor half a dram, of Saffron two drams, of white Starch three drams, of red Roses, Gum Arabick, Tragacanth, Ivory, each half an ounce, of the seeds of Cucumbers cleansed, Purslain, Liquorice Rasped, each one ounce, with the Mucilage of the seeds of Psyllium extracted in Rose-water, make Troches.

Virtues. They are good in Malignant diseases, for the Whites and running of the Reins.

Dose. A scruple, or half a dram may be taken at a time.

Troches of Capers, in Latin, Trochisci de Capparibus.

Take of the bark of the roots of Capers six drams, of the seeds of Agnus Castus, of Gum Amomiack,

moniack, each half an ounce, of the seeds of Cresses, and Nigella, of the leaves of Calaminth, and Rue, of the roots of Acorus, and long Birthwort, of the juice of Maudlin thickned, of bitter Almonds, each two drams, of the leaves of Harts-tongue, of the roots of round Cyperus, Madder, and Gum Lac, each one dram, powder them all, and with Ammoniacum dissolved in sharp Vinegar, and boiled to the consistence of Honey, make Troches.

Virtues. They open Obstructions, and are good for the Rickets, and Melancholly.

Dose. Two scruples, or a dram may be taken in a morning.

Troches of Ambar, in Latin, Trochisci de Carabe.

Take of Ambar one ounce, of Hartshorn burnt, Gum Arabeck of red Coral burnt, of Tragacanth, Acacia, Hypocistis, Balauftins, Mastich, Lac washed, the seeds of black Poppies roasted, each two drams and two scruples, Franckincense, Saffron and Opium, each two drams, with a sufficient quantity of the Mucilage of the seeds of Psyllium, extracted in Plantain water, make Troches.

Virtues. They are very astringent, and are used to stop Fluxes of blood.

Dose. Half a dram of them may be taken at a time.

Trochisci Cyphess, for the making of Mithridate.

Take of the pulp of fat Raisins of the Sun cleansed from the skins and stones, of Cyprian Turpentine, each

each three ounces, of Myrrh and Scenanth, each one ounce and an half, of Cinnamon half an ounce, of sweet smelling Flag, three drams, of the roots of round Cyperus, of Indian Spicknard, of wood of Cassia, of Juniper berries, Bdellium, wood of Aloes, each two drams and an half, of Saffron one dram, of the best Honey clarified a sufficient quantity, and a little Canary Wine; the Myrrh and Bdellium must be beaten in a Morter with the Wine, to the thicknes of liquid Honey, then presently add the Turpentine, the pulp of Raisins, and the powders, then with clarified Honey, well boiled make a Mass for Troches.

Troches of Maudlin, in Latin, Trochisci de Eupatorio.

Take of the juice of Maudlin, clarified and thickned, of Calabrian Manna, each an ounce, of red Roses half an ounce, of Spodium of Ivory three drams and an half, of the roots of Spicknard three drams, of Rhubarb, Asarabacca, and the seeds of Anise, each two drams, beat together the Nard, the Anise, and the Roses, powder finely apart the Spodium, Asarabacca, and Rhubarb, then mix the Manna and the juice of Maudlin, in a Morter; add the powders, and with fresh juice make Troches.

Virtues. They open obstructions, and mollifie hard swellings of the Liver, and Spleen, are good for an ill habit of Body, and for the Green sickness.

Dose. A dram of them may be taken at a time.

Dr.

Dr. Gordons Troches, in Latin, Trochisci Gordonii.

Take of the four greater cold seeds skinned, of white Poppies, Mallows, Cotton, Purslain, Quinces, Myrtle-berries, Gum Tragacanth Arabick, Pistaches, Pine-nuts cleansed, Sugar-candy, Penids, Liquorice cleansed, Barly cleansed, the Mucilage of the Seeds of Psyllium, sweet Almonds blanched, each two drams, of Dragons blood, Spodium of Ivory, red Roses, Myrrh, each half an ounce, with a sufficient quantity of Hydromel, make Troches.

Virtues. They stop tickling coughs, fluxes of blood, the whites, and are good for ulcers of the reins, guts, bladder, and lungs, and for the running of the reins.

Dose. A dram of them may be taken at a time.

Trochisci Hedychroi for making Treacle.

Take of yellow Sanders, leaves of Marjoram, of Mastich, Thyme, and of the roots of Asarabacca, each two drams, of Rhapontick, Costus, sweet smelling Flag, wood of Aloes Cinnamon, Scenanth, Opobalsam, or oyl of Nutmegs by expression each three drams, of woody Cassia, Indi-leaf, or Mace, Indian Spicknard, Myrrh, and Saffron, each six drams, of Amomum, or the lesser Cardamons, one ounce and an half, Mastich ʒj. dissolve the Myrrh in Wine, then presently add the Saffron and Mastich well powdred, then the Opobalsam, and afterwards the rest powdred, with pouring Wine on them by little and little, make a Mass for thick Troches, to be dryed gently in an Oven, after bread is drawn.

Tro-

Troches of Myrrh, in Latin, Trochisci e Myrrha.

Take of Myrrh three drams, of the flowers of Lupins five drams, of the roots of Madder, the leaves of Rue, Horse-mint, Dittany of Crete, seeds of Cumin, Assa Fetida, Sagapenum, Opopanax, each two drams, dissolve the Gums in a decoction of Mugwort, or Juniper berries in Wine: add the rest, and with the juice of Mugwort make Troches.

Virtues: They are used to force the courses, and childbed purgations, and for mother-fits.

Dose. Two scruples, or a dram of them may be taken at a time,

Trochisci Polyidæ.

Take of Pomgranat flowers twelve drams, of Roch Allum three drams, of Frankincense, Myrrh, each half an ounce, of Chalcantum two drams, of Bulls gall six drams, of Aloes one ounce, with rough Wine, or with the juice of Nightshade, or Plantain, make Troches.

Virtues. They dry, cleanse, and heal sores.

Troches of Rhubarb, in Latin, Trochisci de Rhabarbaro.

Take of choice Rhubarb, ten drams, of the juice of Maudlin thickned, and of bitter Almonds, each half an ounce, of red Roses, three drams, of the roots of Asarabacca, Madder, Indian spike, of the leaves of Wormwood, Anise, and Smalage, each

each one dram, with wine wherein Wormwood has been boiled, or the juice of Maudlin clarified, make Troches.

Virtues. They are good in an ill habit of body, for obstruction of the courses, droppe and jaundice.

Dose. A dram, or a dram and a half may be taken at a time,

Troches of Squills for Treacle, in Latin, Trochisci de Scylla ad Theriacam.

Take a Squill full and white, and of a middle bigness, at the beginning of July, after the leaves and stalks are withered; peel off the outward bark, and take out the hard part, to which the roots adheres, then put it into past made of wheaten flower, and bake it in an Oven, till the Squill is tender all over, then take it out and beat it well in a Morter, and mix with it eight ounces of the flower of white Orobus, or red Cicers, finely searched, to every pound of the Squills, and make Troches, each weighing two drams, your hands being besmeared with the oyl of Roses; dry them on the top of a house, on the south-side in the shade, turn them often till they are quite dry, then keep them in a glafs or tin pot.

Troches of Spodium, in Latin, Trochisci de Spodio.

Take of red Roses, twelve drams, of burnt Ivory, ten drams, of the seeds of Sorrel, six drams, of Purslan and Coriander infused in Vinegar, and torrified, of the pulp of Sumach, each two drams and an half, of white Starch roasted, Balau-

Balaustines, Barberries, each two drams, of Gum-arabeck toasted, one dram and an half; with the juice of unripe Grapes make Troches.

Virtues. They are good to stop fluxes, a cough, spitting of blood, and running of the reins.

Dose. A dram may be taken at a time.

Troches of Lemnian earth, in Latin, Trochesci de Terra Lemnia.

Take of Lemnian or sealed Earth, of Bole armonick, Acacia, Hypocistis, Gum-arabick toasted, Dragons blood, white Starch toasted, red Roses, seeds of red Roses, Blood-stone, red Coral, Amber, Balaustines, Spodium of Ivory, the seeds of Purslain a little toasted, Olibanum, Harts-horn burnt, Cypress nuts, Saffron, each two drams, of the seeds of black Poppies, Tragacanth and Pearls, each a dram and an half, of Opium prepared, one dram; with the juice of Plantain make Troches.

Virtues. They are very astringent, they stop fluxes of all sorts, and running of the reins.

Dose. Half a dram of them may be taken at a time.

Troches of Vipers for Treacle, In Latin, Trochisci de Vipera ad Theriacam.

Take of the flesh of Vipers (the skin, entrails, head, fat, and tail being taken away) with dill and a little salt boyled, eight ounces of very, White-bread, or rather twice baked, grated and sifted, two ounces; let small Troches be made, the hands being besmeared with Opobalsam, or the oyl of nutmegs by expression, dry them on the bottom

bottom of a sieve, turned upwards in an open place, where there is a free air; turn them often till they are dry, and keep them in a glass; they will keep good a year; but it is best to make Treacle soon after they are made.

O Y L S.

Simple Oyls by Expression.

Oyl of sweet Almonds, in Latin, Oleum Amygdalarum Dulcium.

Take of sweet Almonds fresh dried, as many as you please, break the shells, and blanch them, beat them in a stone Mortar, put them in a press, and press out the Oyl without heat.

Virtues. It is often used for coughs and hoarsness, for the stone, and outwardly for plurisies, the side being anointed with it; it is also very good in the cholick and gripes of children.

Dose. Half an ounce or an ounce may be taken at a time.

Oyl of bitter Almonds is made the same way, it is chiefly used for deafness, and diseases of the ears.

Oxyrhodinum is made of four or five parts of Oyl of Roses, and one of Vinegar.

Virtues. it discusses and repels.

Oyl