

*Dose.* Half a pint of it may be taken four times a day for the space of a month, but the sick must purge once a week.

*The white decoction, In Latin, decoctum album.*

Take of calcined Hartshorn powdered two ounces, of fountain water two quarts, boil it till half is consumed, strain it gently through a Linnen rag, and add to it three ounces of Syrup of Oranges.

*Virtues.* It's an excellent drink against the worms in children, for a loosness and for feavers.

### Syrups.

*Syrup of Rhubarb, in Latin, syrupus Rhabarbaro.*

Take of the best Rhubarb, of the leaves of Senna, each two ounces and an half, of the flowers of Violets one handful, of Cinnamon a dram and an half, of Ginger half a dram, of the waters of Bertonny, Succory, and Bugloss, each a pint and an half, let them be mixed together warm all night, and in the morning strained and boyled to a Syrup, with two pound of fine Sugar; add at last four ounces of Syrup of Roses Solutive.

*Virtues.* It is a very gentle purge, proper for children, and weakly people.

*Dose.* One ounce, or an ounce and an half may be taken at a time.

*Syrup of Succory with Rhubarb, in Latin, Syrupus e Cichoreo cum Rhabarbaro.*

Take of whole Barly, of the roots of Smalage, Fennel, and Asparagus, each two ounces, of the  
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herbs Succory, Dandelyon, Endive, smooth sow Thistles, each two handfuls, Garden Lettice, Liverwort, Fumitory, of the tops of Hops, each one handful, of Maidenhair, white and black Ceterach, Liquorice, of the seeds of Winter Cherries, and Dodder, each six drams, boyl them in six quarts of Fountain water, till two quarts is consumed, in the strained liquor dilute and boyl six pound of white Sugar, add towards the end six ounces of Rhubarb, and six drams of Spicknard, tyed together in a rag, which must be infused in hot liquor, and often pressed out, and so make a Syrup.

*Virtues.* It is a good cooling gentle Purge, and chiefly used for children.

*Dose.* Dose an ounce, or an ounce and an half, or two ounces may be given at a time.

*Syrup of Dodder, in Latin Syrupus de Epithimo.*

Take of Dodder of Thym twenty drams, of Myrobalans, Citron, and Indian, each fifteen drams, of Embelick and Bellerick Mirobalans, of the Roots of Polypody Liquorish, Agarick of the Herbs Thym, Calamint, Bugloss, Stechas, each six drams, of Dodder, Fumitory, each ten drams, of Red Roses, sweet Fennel seeds, and Anise seeds, each two drams and an half, of sweet pruns ten pair, Raisins of the Sun stoned four ounces, of Tamarinds two ounces and an half, after having infused them twenty four hours in ten pints of fountain water; boyl to the consumption of four pints; then take it from the fire, and strain it; add to it five pound of fine sugar and make a Syrup.

*Vertues.* It is a proper purge for Melancholy people.

*Dose.*

*Dose.* An ounce and an half, or two ounces of it may be taken at a time.

*Magisterial Syrup of Apples, in Latin, Syrupus de Pomis Magistralis.*

Take of the juice and water of fragrant apples, each one pint and an half, of the juice and water of Borrage and Bugloss, each nine ounces, of the leaves of oriental senna cleansed, half a pound, of the seeds of Anise and sweet Fennel, each three drams, of Dodder, of Thym of Creet, two ounces, of the whitest Agarick, and of the best Rhubarb, each half an ounce, of Ginger and Mace, each four scruples, of Cinnamon two scruples, of Saffron half a dram, infuse the Rhubarb and Cinnamon apart by themselves in white wine, and the juice of Apples each two ounces, infuse the rest, except the Saffron, in the waters above mentioned; the day after pour on the juices, which being boyled, scummed, and strained, boyl it to a Syrup, with four pound of white Sugar, dipping now and then the Saffron in it, being tyed up in a rag, and pressing it out again. Lastly, add the infusion of Rhubarb, and let it boil gently again to make a syrup.

*Virtues.* It is a proper purging Syrup for melancholly people.

*Dose.* An ounce or two of it may be taken at a time, in some proper purging decoction.

*Syrup of Buckthorn, In Latin, Syrupus de Rhamno Cathartico.*

Take of the juice of ripe and fresh Buckthorn berries, gathered in September, a quart, let it be clarified by standing; then add of Cinnamon and Nutmegs, each three drams; infuse them in hot water

for the space of a day; then press out hard, and with a pound and an half of white Sugar make a Syrup.

*Virtues.* This Syrup purges strongly watry humours, and therefore is good for dropfies and the like.

*Dose.* An ounce, an ounce and an half, or two ounces may be taken at a time, but it is most commonly mixed with some purging potion. and then it works most kindly.

*Syrup of Peach flowers, in Latin, Syrupus florum mali persici.*

Take of fresh peach flowers one pound, infuse them a whole day in three pints of warm water, then press them out, add fresh flowers to the same liquor and proceed as before five times; then strain it, and add two pound and an half of the best Sugar, and boyl it to a Syrup in hot water.

*Virtues.* It is a gentle purge for children.

*Dose.* An ounce, or an ounce and an half may be taken at a time.

*Syrup of Roses solutive, in Latin, Syrupus Rosarum solutivus.*

Take of boyling fountain water, two quarts, put into it as many fresh Damask Roses, as it will contain, let them infuse twelve hours in a close vessel, then press them out hard, and in the liquor heated as before, infuse the same quantity of fresh flowers, do so three or four times, increasing the quantity of the fresh Roses, according to the increase of the Liquor, which is every time a third part more than it was before; then add four parts of white Sugar to six parts of this liquor, and make a Syrup in hot water.

*Virtues,*

*Virtues.* It is a gentle, cooling, and purging Syrup, and is commonly used with purging potions.

*Dose.* An ounce and an half or two ounces, may be taken at a time.

### Altering Syrups.

#### Syrup of Ammoniacum.

Take of Maudlin and Ceterach, each four handfuls, of common wormwood one ounce, of the roots of Succory and Asparagus, and of the bark of roots of Cappers each two ounces, make an infusion of them for twenty four hours in three ounces of white wine, and of simple Radish water, and fumitory water, each a quart; boyl them to a pint and an half, let the strained liquor stand until it clears, dissolve a part in four ounces of the strained liquor warm, two ounces of Gumm Ammoniacum, dissolved first in the sharpest white wine vinegar; boil the rest to a Syrup, with a pound and an half of fine Sugar, adding the dissolution of the Gumm towards the end.

*Virtues.* This Syrup opens obstructions, and is good for diseases of the Skin.

*Dose.* An ounce of it, or somewhat more may be taken at a time.

#### Balsamick Syrup, in Latin, syrupus Balsamicus.

Take of Balsam of Tolu two ounces, Barly water a pint, boil them over a gentle fire till the Barly water smells strong of the Balsam, then add a pound of fine Sugar and make a Syrup.

*Virtues.* This is good for Coughs, hectick Feavers, and Consumptions.

*Dose.* A spoonful or two may be taken of it morning and evening.

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*Simple Byzantin Syrap, in Latin, Syrupus Byzantinus simplex.*

Take of the juice of the leaves of Endive and Smallage, each a quart, of Hops and Bugloss, each one pint, let them boil together, take off the froth and clarify them with the white of an Egg; add two pounds and an half of white Sugar, to two quarts of the liquor, make a Syrup by boiling it gently.

*Virtues. It opens Obstructions, and is good for the Dropsy, and Green-sickness.*

*Dose.* An ounce, or an ounce and an half may be taken at a time.

*Syrup of the juice of Citrons, in Latin, Syrupus e succo Citri.*

Take of the juice of Citrons strained and clarified by standing, one pint, white Sugar clarified and boiled to the consistence of Tablets two pound; make a Syrup by boiling it up once or twice. This way are made other acid Syrups, as of Oranges, Barberies, Quinces, Lemons, and Wood Sorrel, Mulberries, and the like.

*Virtues. It expels Malignity, is good in Feavers, and strengthens the Stomach.*

*Dose.* An ounce of it may be taken at a time.

*Syrup of Citron peel, in Latin, Syrupus Corticum Citriorum.*

Take of yellow, ripe, and fresh Citron Peels five ounces, of Chermes berries, or their juice brought over to us, two drams, of fountain water three pints, infuse them a night in a Bath, strain them, and with two pound and an half of white Sugar, boil

boil them to a Syrup in a Bath, keep the one half without Musk, perfume the other half with three grains of Musk tied up in a rag.

*Virtues.* It resists poison, is cordial and good for the head and Stomach.

*Dose.* One ounce, or an ounce and an half may be taken at a time.

*Simple Syrup of Coral, in Latin, Syrupus e Coraliis Simplex.*

Take of the reddest Coral finely powdered four ounces, dissolve it with the heat of a bath, in a pint of the juice of Barberries clarified, it must be put into a matras well stopped, and having digested it three or four days, pour off that which is dissolved, and pour on more juice as before, and so proceed till all the Coral is dissolved, add a pound and an half of Sugar to one pint of this juice, and boil it gently to a Syrup.

*Virtues.* It cools and refreshes the Spirits, and is good in hectick Feavers, and for all sorts of fluxes.

*Dose.* Half an ounce of it may be taken at a time.

*Syrup of Cup moss, in Latin, Syrupus Musci pyxidati.*

Take of Cup moss one ounce, boil it in a quart of Hyssop water till half is consumed; then strain it, and make a Syrup with a pound of Sugar Candy.

*Virtue.* This is reckoned a specifick for the hooping or chincough.

*Dose.* A spoonful of it may be taken twice or thrice a day.

*Diacodium.*

Take fourteen ounces of the heads of white poppeys well dried, infuse them twenty four hours in eight pints of fountain water, boil them well, then press them out, and put a pound and an half of Sugar to the liquor, then boil it to a Syrup.

*Virtues.* This Syrup eases pain, stops tickling coughs, and is in general a good anodyn medicine, and much in use.

*Dose.* Half an ounce, an ounce, and an ounce and an half may be given at a time in some proper liquor.

*Note.* That such medicines as are of an opiat nature ought not to be given to such as are weak, or whose Lungs are much obstructed, or at the beginning of Feavers, or Plurisies, or the like; they succeed best when evacuation by vomiting or purging hath went before. Women that are subject to vapours, or men that are hypochondriack, must be sure to lye long in bed the next day after taking an opiat, for otherwise their heads will be much disturbed when they rise.

*Compound Syrup of Elder-berries; in Latin,*  
Syrupus Sambucinus Compositus.

Take of ripe Elder-berries freed from the stalks two pound, of Corinthian Currants cleansed and cut one pound, of the dried flowers of Borrage, Bugloss, Violets, and red Roses, each half an ounce, Red wine a quart, bake them in an Oven, and to the clear liquor strained, add as much fine Sugar as will equal it in weight and boil it to a Syrup.

*Virtues.* This Syrup is Alexipharmick, and Sudorifick, is good in Dropsies, for the Scurvy, and heat of Urine.

*Dose.*



*Dose.* A spoonful of it may be taken in ale or beer or any other proper liquor, every morning for the space of one month.

*Syrup of Groundpine, in Latin, Syrupus Chamæpityos.*

Take of the Herbs, Groundpine two handfuls, Marjoram, Sage, Rosmary, Poly-mountain, wild Marjoram, Calamint, Horf-mint, Penny-royal, Hyfop, Thym, of garden and wild Rue, of Ber-rony wild Thym, each one handful, of the roots of sweet smelling Flag, Birthwort, long and round Bryony, white Dittany, Gentian, Hogf-fennel, Va-lerian, each half an ounce, of Smallage, Aspara-gus, Fennel, Parsly, Butchers Broom, each one ounce, pellitory of *Spain*, half an ounce, of Ste-chas, of the seeds of Anise, Bishops weed, Carra-ways, Fennel, Lovage, Sefely, each three drams, of Raisins of the Sun stoned two ounces, after their being digested twenty four hours in five quarts of fountain water warm, distil off five pints, then pressing out the feces hard, let a sufficient quantity of the clear liquor be boiled with two pound of the best Honey, and two pound of fine Sugar, to the consistence of tablets, then adding the distilled water make a Syrup in a Bath, and aromatize it with half a scruple of Oyl of Cinnamon, and of Nutmegs.

*Virtues.* *This Syrup is used for the Gout, and dis-eases of the Nerves.*

*Dose.* Half an ounce or an ounce of it may be taken in some proper liquor.

*Syrup of white Horehound, in Latin, Syrupus de Prasio.*

Take of the fresh leaves of white Horehound two ounces, of the roots of Liquorice, Polypody of the oak, Smalage and Fennel, each half an ounce, of the leaves of white Maidenhair, wild Marjoram, Hyssop, Calamint, Thyme, Scabious, Savory, Coltsfoot, each six drams, of Anise-seeds and Quint seeds tyed up in a rag, each three drams, of Raisins of the Sun stoned two ounces, of fat figs number ten; having digested them a whole day in four quarts of hot small Mead; boil them in a Bath, press them out hard, and to five pints of the clear liquor, add of clarified honey, and white Sugar clarified, each two pound, of the roots of Florentin orris one ounce, boil it to a Syrup in a Bath.

*Virtues.* It is an excellent medicine for diseases of the Lungs, and helps expectoration.

*Dose.* A spoonful of it may be taken three or four times a day.

*Syrup of Gillyflowers, in Latin, Syrupus florum Tunices.*

Take of fragrant Gillyflowers, the white being cut off, one pound, pour on them a quart of spring water, and let them stand all night, then strain the liquor, and being gently warmed, dissolve therein four pounds of the whitest Sugar, and make a Syrup without boiling.

*Virtues.* It is cephalick and Cordial.

*Dose.* Half a spoonful of it may be taken at a time in some proper liquor.

*Syrup*

*Syrup of Liquorice, in Latin, Syrupus Glycyrrhizæ.*

Take of Green Liquorice cleansed and bruised two ounces, of white Maidenhair one ounce, of Hyssop half an ounce, pour on them three pints of hot Fountain water, let them stand in infusion twenty four hours, strain it and clarify it, and with the best Honey and fine Sugar each ten ounces, make a Syrup.

*Virtues.* It is used for diseases of the lungs, and helps expectoration.

*Dose.* A spoonful of it may be taken twice or thrice a day.

*Syrup of Maidenhair, in Latin, Syrupus Capillorum Veneris.*

Take of Maidenhair five ounces, of Liquorice two ounces, infuse them a natural day in three quarts of warm Fountain water, then boil them gently in a Bath, press them out, to two quarts of the strained liquor, add three pound of clarified Sugar.

*Virtues.* It opens obstructions of the Lungs, and is good for pains in the side, or in the Kidneys or bladder, it gently provokes Urine, and expels stones and gravel.

*Dose.* An ounce of it may be taken at a time in some proper liquor.

*Syrup of Marsh-mallows, in Latin, Syrupus dialthææ.*

Take of the roots of Marsh-mallows two ounces, of Meadow grass, Asparagus, Liquorice, Rasins of the Sun, red chick pease, each half an ounce, tops of Marsh-mallows, Mallows, Pellitory of the wall,  
Burnet,

Burnet, Saxifrage, Plantain, white and black Maiden hair, of each one handful, of the four lesser and greater cold seeds, each three drams; wash and cleanse the roots from their dirt, pith, and strings, and slice them, and having boiled the grass roots a quarter of an hour, first in eight pints of Fountain water, put into the Decoction the roots of Marshmallows and Asparagus, and let them boil well for half an hour, then add the Rasins cut, and the Chich pease whole; when they have boiled a little while put in the tops of the Mallows, and Marshmallows, Pellitory, and shred and boil them about a quarter of an hour among the rest; after that add the Liquorice sliced, and the maidenhair cut, and when they begin to boil, put in the cold seeds, thrust them down into the Decoction, and take the whole off the fire, and strain them a quarter of an hour after, then clarify the liquor with the white of an Egg, add four pound of Sugar, and boil it on a moderate fire to the consistence of a Syrup.

*Virtues.* It eases pain, and corrects sharp humors, it is chiefly used for diseases of the Bladder and Stone in the Kidneys.

*Dose.* An ounce of it may be taken at a time in some convenient liquor.

*Syrup of Mint, in Latin, Syrupus Mentha.*

Take of the juice of sweet Quinces, and of those that are sowrith, of the juice of sweet Pomgranats, and of those that are sowrith, each a pint and an half, of dried Mint half a pound, of Red Roses two ounces, let them infuse a day, then boil them half away in a Bath, strain it and with four pound of Sugar make a Syrup.

*Virtues.*

Virtues. *It strengthens the stomach, helps concoction, and stops vomiting.*

Dose. A Spoonful of it may be taken at a time.

*Syrup of Mouse-ear, in Latin, Syrupus de pilosella.*

Take of Mouse-ear three handfuls, of the roots of Ladies-mantle an ounce and an half, of the greater Comfrey, Madder, White Dittany, Tormentile, Bistort, each one ounce, of the Herbs wintergreen, Horsetail, Ground-ivy, Plantain, Adders-tongue, Strawberries, St. John's-wort with the flowers, Golden-rod, Agrimony, Bettony, Burnet, Avens, of the greater Cinquefoyl, red Colworts, Balautines, red Roses each one handful, boil them in six pints of Plantain water gently, till half is consumed, then press it out hard; when it is clear by standing, add of the mucilage of Gum Tragacanth, of the seeds of Pssyllium, Marsh-mallows, Quinces extracted a part, in three ounces of Strawberry water, and as much Bettony water, boil it to the consistence of honey with two pound of the whitest Sugar.

Virtues. *It is healing and astringent, and good for spitting of blood, and the like.*

Dose. Half an ounce of it may be taken at a time.

*Syrup of Mugwort, in Latin, Syrupus de Artemisia.*

Take of Mugwort two handfuls, of Pennyroyal, Calamint, wild Marjoram, Balm, unspotted Arf-mart, Dittany of Creet, Savin, Marjoram, Ground pine, St. John's-wort, Germander, Feverfew, with the flowers, lesser Centaury, Rue, Bettony, Vipers, Bugloss,

Bugloss, each one handful, of the roots of Fennel, Smalage, Parsly, Asparagus Kneeholm, Sagifrage, Elecampane, Cyperus, Madder, Orris, Peony, each one ounce, of Juniper berries, the seeds of Lovage, Parsly, Smalage, Anise, Nigella, Cubebs, true Costus, woody Cassia, Cardamoms, sweet smelling Flag, of the roots of Asarabacca, Pellitory of Spain and Valerian, each half an ounce; having cleansed cut and beat these things, infuse them twenty four hours in six quarts of clear water, and draw off eight pints of water; put what remains in the still into a press and strain it, boil six pounds of white Sugar in a sufficient quantity of the strained liquor, clarified with the white of an egg, to the consistence of tablets, then add the water before distilled and make a Syrup, aromatize it with Cinamon, and Spiknard, each three drams.

*Virtues.* It opens obstructions, forces the child-bed purgations, and strengthens the nerves.

*Dose.* A spoonful of it may be taken at a time.

*Syrup of Myrtles, in Latin, Syrupus Myrtinus.*

Take of Myrtle berries two ounces and an half, of white and red Sanders, Sumach, Balauftins, barberries, red Roses, each an ounce and an half, of Medlars sliced half a pound, beat and boil them in four quarts of clear water to two, strain them, then add four pound of Sugar, and boil it to a Syrup, put to it towards the end, of the juice of Quinces, and acid pomgranats, each six ounces.

*Virtues.* This is an excellent astringent Syrup, good for spitting of blood, and all other fluxes.

*Dose.* An ounce of it may be taken at a time in any proper liquor.

*Syrup*

*Syrup of the five opening roots, in Latin, Syrupus de quinque Radicibus.*

Take of the roots of Kneeholm, Fennel, Asparagus, Parsly and Smalage each two ounces, of Fountain water three quarts; digest them hot, then boil them in a bath, to two quarts of the liquor pressed hard out, add eight ounces of Vinegar, and five pound and an half of white Sugar, make a Syrup in a bath.

*Virtues.* It opens obstructions and forces urine.

*Dose.* An ounce of it may be taken at a time.

*Syrup of the oak of Jerusalem, in Latin, Syrupus Botryos.*

Take of the Herbs, oak of Jerusalem, Hedge mustard, Nettles, each two handfuls, Coltsfoot one handful and a half, boil them in a sufficient quantity of Fountain water in a bath, to a quart of the clear liquor strained, add the juice of Turneps paired and boiled in Fountain water, change the water twice, and when they are soft press out the juice gently; add of this juice, having cleared it self by standing, one pint, fine Sugar three pound, boil it to a Syrup in a bath, when there is occasion to use it.

*Virtues.* It is a good pectoral Syrup, and cures ulcers of the lungs.

*Dose.* An ounce of it may be taken at a time.

*Compound Syrup of Peony, in Latin, Syrupus Pæoniæ Compositus.*

Take of the fresh roots of both the Peonies gathered at full moon, sliced and infused a day, in fragrant white Wine each an ounce and an half, of

Contra;

Conrayerva half an ounce, Syler Mountain six drams, of Elk's hoof one ounce, of the herbs of Rosmary with the flowers one handful, of Bettony, Hyssop, wild Marjoram, ground pine, Rue, each three drams, of the wood Aloes, cloves, the seeds of the lesser Cardamon, each two drams, of Ginger and Spicknard, each one dram, of Stechas and Nutmegs, each two drams and an half, after a warm digestion for a day in three quarts of the distilled water of the roots of Peony, boil them to two in a bath, strain it, and with four pound and an half of white Sugar boil it to a Syrup in a bath.

*Virtues.* It is excellent for diseases of the head and nerves.

*Dose.* One ounce of it may be taken at a time.

*Syrups of Pomgranats, in Latin, Syrupus Granatorum.*

Take of white Sugar a pound and an half, of the juice of Pomgranats clarified one pint, make a Syrup in a bath.

*Virtues.* It strengthens the stomach, and is astringent, and quenches thirst, and is used for ulcers of the mouth.

*Dose.* An ounce of it may be taken at a time.

*Syrup of red Poppies, in Latin, Syrupus de Papavere erratico.*

Take of the fresh flowers of red Poppies two pounds, pour upon them two quarts of hot fountain water, after they have stood a day, make a new infusion of fresh flowers, strain it clear, and boil it to a Syrup in a bath, with an equal weight of Sugar.

*Virtues,*



**Virtues** It is an excellent Syrup for plurisies, and inflamations of the Lungs, and is somewhat anodyn.

**Dose.** Half an ounce or an ounce of it may be taken at a time.

*Syrup of Quinces, in Latin, Syrupus Cydoniorum.*

Take of the clear juice of Quinces three quarts, boil it gently till half is consumed, take off the scum as it rises, and add to it three pints of red astringent wine, with four pound of white Sugar, and boil it to a Syrup, add to it a dram and an half of Cinnamon, of Cloves and Ginger two Scruples.

**Virtues.** It is an excellent Syrup for the Stomach, and stops vomiting and fluxes of the belly.

**Dose.** An ounce of it may be taken at a time.

*Syrup of dryed Roses, in Latin, Syrupus de Rosis Siccis.*

Take of Fountain water two quarts, make it very hot, and infuse in it by degrees half a pound of red Roses dryed in the Sun, strain it the next day, and with two pound of Sugar make a Syrup.

**Virtues.** It is an astringent Syrup, and good in fluxes, and strengthens the stomach and stops vomiting.

**Dose.** An ounce of it may be taken at a time.

*Compound Syrup of Scabious, in Latin, Syrupus scabiosæ Compositus.*

Take of the roots of Elecampane, Polypody of the oak, each two ounces, of Raisins of the Sun stoned one ounce, of Sebestens twenty, of the leaves of Coltsfoot, Lungwort, Savory, Calamint, each

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an handful and an half, of Liquorice cleansed half an ounce, of the best Spanish Tobacco, and of the seeds of stinging Nettles, each three drams, boil them all in a bath, the first two roots being infused the day before in a sufficient quantity of White-wine diluted with warm water, strain out hard two quarts, clarify it, and add of the juice of Scabious clarified, four ounces and an half, of white Sugar five pound, make a Syrup in a Bath, add to it twenty drops of spirit of Sulphur by the bell.

*Virtues.* It is a good Syrup for the Lungs, when they are obstructed, and it is also reckoned good in the itch.

*Dose.* A spoonful of it may be taken at a time.

*Syrup of Stechas, in Latin, Syrupus de Stæchade.*

Take of the flowers of Stechas four ounces, of Rosmary half an ounce, of the herbs Thym, Calamint, wild Marjoram, each an ounce and an half, of Sage and Bettony, each half an ounce, of the seeds of Rue, Peony, and Fennel, each three drams, having digested them a day or two with a sufficient quantity of warm Fountain water, boil it in a Bath, strain it, and to five pints of the clear liquor add five pound and an half of Sugar; make a Syrup in a Bath, add to it a few drops of the oyl of Cinnamon.

*Virtues.* It is good for the head and nerves.

*Dose.* An ounce of it may be taken at a time.

*Syrup of Turnep, In Latin, Syrupus Rapi.*

Take of sliced Turneps and white Sugar, each half a pound, put them into an earthen pot, making a lay of one, and a lay of one another, cover it with

with paper, and bake it with bread, when it is drawn press out the juice, which will be of the consistence of a Syrup.

*Virtues.* It is good for Coughs, and at the beginning of Consumptions.

*Dose.* Take a spoonful of it morning and evening.

*Syrup of Steel, in Latin, Syrupus Chalybis.*

Take of the filings of Steel or Iron one ounce, of Mace two drams, of White-wine a pint, mingle them and shake them every day, for the space of a Month, with a pound of white Sugar make a Syrup.

*Virtues.* It opens Womens obstructions, is good for Hypochondriack Melancholly, the Scurvy, Dropsy, and the like.

*Dose.* A spoonful of it may be taken night and morning, for the space of a Month, two, or three.

*Syrup of Violets, in Latin, Syrupus Violarum.*

Take of fresh flowers of Violets cleansed one pound, of hot clear water two pints and an half, keep it close stopped in a new glass pot a day; then press it out, in a quart of the liquor, dissolve in a bath four pound of fine Sugar, take off the scum as it rises, and make a Syrup without boyling.

*Virtues.* It is a good cooling Syrup, and is pectoral, and is used in fevers, and sometimes mixed with ghysters.

*Dose.* Half an ounce of it may be taken inwardly at a time.

Simple

*Simple Syrup of wormwood, in Latin, Syrupus absynthii simplex.*

Take of the juice of common wormwood clarified, of Sugar clarified each four pound, make a Syrup; the same way are prepared the simple Syrups of the juice of Bettony, Borrage, Bugloss, Cardus Benedictus, Camomel, Succory, Endive Hedge Mustard, Strawberries, Fumitory, Groundivy, St. John's-wort, Hops, Mercury, of the fresh tops of Mousear, Plantain, Apples, purslain, Raspberries, Sage, Scabious, Scordium, Houfleeck, Coltsfoot, Speedwel, and of other juices that are not acid.

*Virtues.* Syrup of wormwood is good to strengthen the Stomach, to stop vomiting, and for a dropsy.

*Dose.* Half an ounce of it may be taken at a time.

*Honey Medicines, and Medicines made of Honey and Vinegar, in Latin, Melita & Oxymelita.*

*Mercurial Honey, in Latin, Mel Mercuriale.*

Take of the juice of Mercury three pints, of Honey two pound, clarify and boil them to the consistence of Honey.

*Virtues.* It is used in Glisters.

*Honey of Mulberries, in Latin, Diamoron.*

Take of the juice of Mulberries, of the Tree and Shrub gathered before they are ripe, and before the Sun is up, and cleared by standing, each a pint and an half, of strained Honey clarified two pound, boil