

until it swims four fingers above the matter, stop the matras with another to make a double vessel, lute the junctures close with wet bladder, set your matras in sand, and heat it with a gradual fire, to make the spirit of Wine boyl seven or eight hours, during which time it will assume a red colour, after that let the vessels cool and unlute them; separate by inclination this most fragrant Tincture, and keep it in a viol well stopped; you may pour more spirit of wine on the remaining salt of Tartar, and proceed as before, as long as it will draw out any Tincture.

Virtues. It opens obstructions, purifies the blood, and resists malignity, and is used in the scurvy.

Dose. It may be taken from ten to thirty drops, in some convenient liquor.

Medicated Wines.

Blessed Wine, in Latin, vinum benedictum.

Take of Crocus Metallorum powdered one ounce, of Mace one dram, of Spanish wine a pint and an half, infuse them.

Virtues. This is an excellent vomit, and more frequently used then any other: This and some other vomits are used with great success, in curing the drop-sie, the jaundice, the pthisick, and diseases of the head: They are often used at the beginning of feavers, and before the small Pox come out, and certainly do a great deal of good by evacuating part of the peccant humour.

Dose. Half an ounce, an ounce, an ounce and an half may be given at a time, according to the age and strength of the patient.

Note. Vomits are not to be given to those that have a weakness or desfluxions on the eyes, to such as are long necked, to ancient People, or such as have

have Ruptures, or to Women that are subject to vapours: They are best taken in an afternoon about four hours after a light dinner, the Patient must drink large draughts of posset drink every time they work: if bleeding be thought necessary, or if blood abound, it will be convenient to bleed before giving a vomit, if it works beyond measure, the Patient must be put to bed, and two scruples of *Venice Treacle* must be given him, or the following mixture; take of Mint water one ounce, of strong Cinnamon water two drams, of Liquid Laudanum sixteen drops, Syrup of Quinces half an ounce, mingle them; but when there is an inclination to vomiting, when no vomit hath been used, the following mixture generally takes it off: Take salt of Wormwood one scruple, in a spoonful of fresh juice of Lemon, add to it twenty drops of Tincture of Cinnamon, this must be taken every third hour till the vomiting ceases.

Wine of Squills, in Latin, vinum Scilliticum.

Take of the roots of white Mountain Squills, gathered about the rising of the Dog Star, slice them, and lay them a drying for a month. put a pound of them into a glass, and pour on them four quarts of old French white-wine, infuse them forty days, and then take out the Squills.

Virtues. It is a gentle vomit, but is rarely used by it self, but most commonly with the above mentioned blessed wine.

Dose. An ounce of it may be taken with half an ounce of the wine above.

Steel Wine, in Latin, vinum Chalybeatum.

Take of prepared Steel one ounce, of Saffron powdered

powdered and tyed up in a rag eight grains, of white wine a quart, infuse them in the cold three or four days, shake the vessel often, strain it and keep it for use.

Virtues. This steel wine and steel medicines in general, are used in Cachexies or ill habits of body, for Dropsies, Obstructions, Scurvy, Hypochondriack Melancholly, and all Hysterick diseases, and in many other cases.

Dose. Two or three ounces of this wine may be taken morning and evening.

Note. Steel medicines must be taken constantly for a long while, and in most cases the Patient must exercise himself often. The learned Doctor Lower frequently prescribed steel courses for six or nine months; but there are some sort of constitutions that can by no means bear Steel Medicines, therefore they must not be obstinately insisted upon, where there is such a reluctancy in nature, though most that take them find at first some disorder in their Bodies. Before any one enters upon a Steel course they must be well purged, but whilst he is in the course, purging is not allowed, only care must be taken, that the body be not too much bound up.

Wormwood wine, in Latin, vinum Absynthites.

Take of dyed Wormwood one handful, to each gallon of wine, stop it well up in a vessel, and let it remain in infusion; the same way Rosmary flower wine, and eyebright wine may be made.

Virtues. Wormwood wine is used to strengthen the stomach, to procure an appetite, and for a dropsy.

Note. This Wine and Wormwood beer, are better in the cases above mentioned, then any other preparation of Wormwood.

Medica.