

led two ounces of fine Sugar; the first quart is Spirits, the rest compound water of Wormwood; by the same way without Anise-seeds may be drawn the Spirit and water of Angelica, Baulm, Mint, Sage, of the flowers of Rosemary, July-flowers, of the seed of Carraways, of Juniper-berries, of the barks of Oranges, Citrons and Lemons.

Virtues. This is a good Stomach water, expels wind, and helps concoction, and is good in the dropsie.

Dose. A spoonful of the Spirit may be taken at a time, and two spoonfuls of the water.

Tinctures.

Tincture of Ambar.

Reduce into an impalpable powder five or six ounces of yellow Ambar, put it into a bolt head, pour upon it Spirit of wine, the height of four fingers, stop this bolt head with another, to make a double vessel, and having exactly luted the junctures with a wet bladder, place it in digestion in hot sand, and leave it there five or six days, or until the Spirit of wine is sufficiently tinged with the Ambar colour; decant this Tincture, and put more spirit of wine to the matter, you must digest it as before, then having separated the impregnation, mix it with the other, filtrate them, and distil from them in an alembick with a very little fire, about half the Spirit of wine, which may serve you as before, keep the Tincture that you will find at the bottom of the alembick, in a viol well stopd.

Virtues. It is good for the Apoplexy, Palsy, Epilepsy, and for Histerical women.

Dose. You may take from ten drops to a dram in some proper liquor,

Tincture

Tincture of Antimony, in Latin, Tinctura Antimonii.

Take of the best antimony, of salt of Tartar, each what quantity you please, melt them in a Crucible red hot for the space of half an hour, then the matter being taken out, and freed from its feces whilst it is hot, reduce it into a powder, whereupon pour the best Spirit of wine, so much as may cover it the breadth of three or four fingers; digest them together some time till the Tincture is extracted, then evaporate the superfluous part of the Spirit of wine.

Virtue. It opens obstructions of the liver and spleen, it forces the courses, cures the green sickness, the jaundice and dropsy.

Dose. Eight or ten drops of it may be taken at a time in Sack.

Tincture of Castor, in Latin, Tinctura Castorei.

Take of Castor powdered half an ounce, of spirit of Castor half a pint, digest them together in the cold for ten days, strain it and keep it for use.

Virtues. It is good for mother fits, and diseases of the head and nerves, it provokes the courses, and is good for deafness.

Dose. Ten drops of it may be taken inwardly at a time in some proper liquor.

Tincture of Roses, in Latin, Tinctura Rosarum.

Take of red roses dried one ounce, of warm water three pints, of spirit of Sulphur or Vitriol one dram and an half, infuse them six hours; to the strained

strained liquor add half a pound of white sugar.

Virtues. It is good for a Rheumatism and the like.

Dose. A draught of it may be taken twice or thrice a day.

Tinctura Sacra.

Take of the species of hiera picra one ounce, of Canary Sack one pint; infuse them in the cold for the space of a week, shaking the glass twice or thrice a day, then let it stand until it is clear.

Virtues. It cleanses and strengthens the Stomach, opens obstructions of the liver and spleen, it is good for the jaundice, dropsy an ill habit of body, and for obstructions of the courses, and an asthma.

Dose. Three or four Spoonfuls, more or less according to the age and constitution of the Patient, may be taken at a time in a morning fasting.

Tincture of Saffron, in Latin, Tinctura Croci.

Take of Saffron two drams, of Treacle water eight ounces, digest them six days, and strain out the Tincture, and keep it close stopped for use.

Virtues. It cheers the heart, concocts crude humours of the breast, it is good for the jaundice, for the plague, and other Malignant diseases, it is much used to drive out the small Pox; but undoubtedly it does many times much hurt, by inflaming the blood and occasioning frenzies, and making them flux.

Dose. Half an ounce of this Tincture may be taken at a time in any proper liquor.

Tincture of Sulphur, in Latin, Tinctura Sulphuris.

Take four ounces of flowers of Sulphur, put them into an earthen pan, melt them gently, when they

they are melted, add four ounces of Salt of Tartar, stir it about till it is very red, then let it cool, powder it, and put upon it a quart of water, let it stand over a very gentle heat, to extract the Salt of Tartar from the Sulphur, then decant the water, and put the Sulphur into a bolt head, pour upon it a pint of Canary Sack; place it upon a gentle heat for the space of twenty four hours; this is Doctor *Willis's* Tincture of Sulphur, whereof his Syrup is made in the following manner; pour the Tincture above-mentioned into an earthen pan, and with a pound of white Sugar boil it to the consistence of a Syrup.

Virtues. This is an excellent Medicine for coughs that forerun a Consumption, and for Consumptions too, if no feaver accompanies them.

Dose. A spoonful of this Syrup may be taken twice or thrice a day, either by it self or mixed with any proper liquor.

Tincture of Salt of Tartar, in Latin, Tinctura salis Tartari.

Take of fine Salt of Tartar twenty ounces, melt it in a Crucible in a great fire, and when it is in fusion cover it with a tyle and put coals round it; blow about it so as to raise a greater heat than if you were melting gold; continue this degree of fire about six hours, or until the Salt of Tartar is of a red marble colour, which you may know by thrusting the end of a Spatula into the Crucible, for when it is drawn out you may look upon a little matter that is stuck to it, then take out the Crucible with a pair of tongs, and turn it upside-down into a warm mortar, the matter will coagulate in a little time, powder it presently, and put it into a Matraass warmed before hand, pour upon it Spirit of wine tartarized,

until

until it swims four fingers above the matter, stop the matrafs with another to make a double vessel, lute the junctures close with wet blader, set your matrafs in sand, and heat it with a gradual fire, to make the spirit of Wine boyl seven or eight hours, during which time it will assume a red colour, after that let the vessels cool and unlute them; separate by inclination this most fragrant Tincture, and keep it in a viol well stopped; you may pour more spirit of wine on the remaining salt of Tartar, and proceed as before, as long as it will draw out any Tincture.

Virtues. It opens obstructions, purifies the blood, and resists malignity, and is used in the scurvy.

Dose. It may be taken from ten to thirty drops, in some convenient liquor.

Medicated Wines.

Blessed Wine, in Latin, vinum benedictum.

Take of Crocus Metallorum powdered one ounce, of Mace one dram, of Spanish wine a pint and an half, infuse them.

Virtues. This is an excellent vomit, and more frequently used then any other: This and some other vomits are used with great success, in curing the drop-sie, the jaundice, the pthisick, and diseases of the head: They are often used at the beginning of feavers, and before the small Pox come out, and certainly do a great deal of good by evacuating part of the peccant humour.

Dose. Half an ounce, an ounce, an ounce and an half may be given at a time, according to the age and strength of the patient.

Note. Vomits are not to be given to those that have a weakness or desfluxions on the eyes, to such as are long necked, to ancient People, or such as have