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# London Dispensatory.

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*Compound Waters.*

*Magisterial Water of Alum, in latin aqua aluminosa Magistralis.*

**T**Ake of the waters of Plantain and Red Roses, each one pound, of Roch alum, and Sublimat, each two drams beat the Alum and Sublimat, and boil them together in a glass that has a narrow neck, till half is consumed; after it is clear by standing five days, strain it, and keep it in a glass for use

*Virtues.* It cleanses old sores, eats down proud flesh, it dries, and is astringent; the part affected being washed with it.

*Note.* When it is used to Ulcers in the throat, it must be mixed with water, and the Patient must presently after gargle his mouth and throat with some cooling gargarism; this water cures Chancres to admiration.

*Compound Spirit and Water of Angelica, in Latin, Spiritus & Aqua angelicæ magis Composita.*

Take of the Roots of Angelica, of the Leaves of Carduus Benedictus, each six ounces, of Balm and Sage, each four ounces, of the Seeds of Angelica, six ounces, of sweet fennel seeds, nine ounces, to the dried herbs and seeds grossly poudred; add of

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the species called *Aromatick Rosat*, and sweet *Diamosch*, each an ounce and one half; infuse them two days in *sixteen quarts of Spanish Wine*, and then distill them with a gentle fire; add to every pint two ounces of *Sugar*, dissolved in *Rose-water*; the first three pints are called *Spirits*, the rest is the *Compound water*.

*Virtues.* It is *Cordial and Alexipharmick*, and good in the *Plague*; it *provokes sweat*, and is good in *malignant diseases*.

*Dose.* One ounce or two ounces may be taken at a time.

*Note.* Once for all, that *Compound waters* are generally taken, mixed with simple waters, and *Syrups* proper for the disease.

*Bezoartick water, in Latin aqua Bezoartica.*

Take of the leaves of *Celendine the greater*, with the *Roots*, three handfuls, of *Rue* one handful, of *Scordium* two handfuls of *Dittany* of *Creer*, and of *Carduus benedictus*, each one handful and an half; of the *Roots* of *Zedoary* and *Angelica*, each three drams, of the outward peel of *Citron* and *Lemon*, each five drams, of *July Flowers*, one ounce and an half, of *Red Roses* and of the flowers of the lesser *Centaury*, each two drams; cut those things that are to be cut, and infuse them three days in *Spirit of Wine* and *Malago Sack*, each three pints and an half, of *vinegar*, of *july flowers*, and the juice of *Lemons*, each one pint, distil them in a bath, in a glass vessel, to the distilled liquor add *cinamon* three drams, *cloves* two drams and an half, *mitbridate* an ounce and an half, *venice treacle* three ounces, *camphor* two scruples, *troches of vipers* half an ounce, *mace* two drams, *wood of aloes* one dram *yellow Sanders*  
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one dram and an half, of the seeds of carduus benedictus one ounce, of the seeds of citron three drams, infuse them two days, and distil them with a gentle fire twice or thrice, and draw half.

*Virtues.* This water is used to the same purposes as the former; but is undoubtedly more effectual, it also clears the heart, and is good in melancholly.

*Dose.* An ounce of it may be taken at a time.

*Compound Briony water, in Latin, aqua Brioniae Composita.*

Take of the juice of the root of Briony, two quarts, of the leaves of Rue and Mugwort, each two pound, of Savin three handfuls, of Fever-few, catmint, and penny Royal, each two handfuls, of Garden Basil, and dittany of Creet, each an handful and an half, of the yellow peel of fresh Oranges four ounces, of Myrrh two ounces, of Castor an ounce, good Canary six quarts, digest them four days, and then distil them in hot water, when you have drawn off half, strain what remains and evaporate it, to the consistence of an extract.

*Virtues.* It is frequently used for mother fits, and diseases of the womb, the extract is much better than the water, and Doctor Gideon Harvey's Tincture of the Ingredients is much more powerful then either, it is made in the following manner, Take of dried Briony roots, beaten to a gross powder, two ounces of the leaves of Rue, and dried Mugwort, each half a pound, of Savin dried, three quarters of an handful, of feverfew, catmint, and penny royal dried, each half an handful; of the fresh yellow peel of an orange, of myrrh, each half an ounce, of Castor two drams, of the best Nants brandy one quart; put them into a glass, and let them infuse six days in warm ashes, then strain the liquor off, and keep it in a glass bottle well stopped.

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*Dose.*

*Dose.* An ounce or two of the water may be taken at a time, the extract is best taken in Pills, or made up in a Bolus, with some proper conserve that will make it more palatable, ten grains of the extract may be taken at a time; a quarter of a spoonful of the tincture may be taken morning and evening, in Penny royal water sweetned with Sugar, when it is used for womens obstructions, bleeding and purging must go before.

*The Heavenly water, in Latin, aqua Caelestis.*

Take of the best Cinnamon one ounce, of Ginger half an ounce, of all the Sanders each six drams, of Cloves, Galingal and Nutmegs, each three drams, and an half, of Mace and Cubebs one Dram, of both the Cardamoms, each three drams, Zedoary half an ounce, of the Seeds of Pepperwort, three drams, of anise, sweet fennel, and wild Carrot, and of garden Basil, each one dram and an half, of the roots of Angelica, Avens, Liquorice, lesser Valerian, sweet smelling Flag of the leaves of Clary, Thyme, Calamint, Penny royal, Mint, wild Thyme, Marjoram, each two drams, of the flowers of red Roses, Sage, Rosmary, Betony, Stechas, Bugloss, and Borrage, each one dram and an half, of Citron peel three drams; beat those things that are to be beaten, and infuse them fifteen days in six quarts of Spirit of Wine, in a glass well stoppt, then distill them in hot water, then to the distilled water add of the species Diambra, Aromatick, Rosat, sweet Diamosch, Diamargarit frigid, Diarrhodon a-batis of the Electuary of Gems, each three drams, of yellow Sanders bruised two drams, of Mosch and Ambergrease tyed up in a fine rag, each one

one scruple, of the clear julep of Roses one pint, shake them well together, that the julep may be well mixed with the water, then put them up into a vessel close stopped with wax and parchment untill the water be clear.

*Virtues.* It is a good water for the head and Stomach.

*Dose.* Half an ounce may be taken at a time.

*Cinnamon water, in Latin, aqua Cinnamomi.*

Take of Cinnamon bruised two ounces, of rectified Spirit of wine a quart, infuse them four days in a large vessel stopped with a cork and bladder, shake it twice or thrice a day and dissolve a part, half a pound of sugar candy in a quart of Rose water; mingle both the liquors, and put to them half a scruple of Ambergrease, and four grains of Musk.

*Virtues.* It is an excellent Stomach water; it is cordial, and is very proper to stop Vomiting, and is good for the Colick, Gripes, and Loosness.

*Dose.* A spoonful of it may be taken at a time.

*Cinnamon water hordeated, in Latin, aqua Cinnamomi hordeata.*

Take of pure barley water eight pints, of the best Cinnamon twelve ounces, infuse and distil them in hot water.

*Virtues.* This water is used for the same intentions with the former, and is more proper than that, when the patient is weak, or an infant, or hath a fever.

*Dose.* Three or four ounces of it may be taken at a time.

*Epidemick water, in Latin, aqua Epidemica.*

Take of the Roots of Angelica, Masterwort, Butterbur, Peony, each a pound and an half, atha-

mantick spignel, scorzonera, each four ounces, of Virginian Snakeweed two ounces, of the leaves of Rue, Rosmary, Balme, Carduus benedictus, Scordium, Marygolds with the flowers, Dragons, Goats Rue, Mint, each four handfuls, pour upon all duly prepared; four gallons of fountain water, and two gallons of brandy, and after having infused them three days in a gentle heat, distill off four gallons, wherein hang half an ounce of Saffron tyed up in a rag, to each pint of this water add an ounce and an half of white Sugar and strain it.

*Virtues.* This is peculiarly good for the Plague, and other malignant distempers.

*Dose.* One ounce.

*Gentian water, in Latin, aqua Gentianæ Composita.*

Take of the roots of Gentian sliced a pound and an half, of the leaves and flowers of the lesser Centaury four ounces, infuse them in six quarts of good white wine for eight days, and then distill them in hot water.

*Virtues.* This is a good stomach water, and purifies the Blood, it is proper in the dropsie and the jaundice, and other diseases which proceed from an ill habit of body.

*Dose.* Two spoonfuls of it may be taken at a time.

*Aqua lactis alexiteria.*

Take of the leaves of Meadow sweet, Carduus Benedictus, Goats Rue, each six handfuls, of Mint and common Wormwood, each five handfuls, of Rue three handfuls, Angelica two handfuls, bruise them and add three gallons of new milk, and distill them in a cold still.

*Virtues.* This water is commonly used as a simple wa-  
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ter, for the making of Cordials and Zuleps; it is a gentle Alexipharmick, and may be conveniently used with other proper things, to expell malignity and to prevent infection.

Dose. Four or five ounces may be used of it a time.

*Aqua Mirabilis.*

Take of Cloves, Galingal, Cubebs, Mace, Cardamoms, Nutmegs, Ginger, each one dram, of the juice of Celendine half a pint, Spirit of wine one pint, white wine three pints; infuse them twenty four hours, and draw off a quart.

Virtues. It's excellent for the Stomach and expels Wind; but the Apothecaries use it more for entertainment of their friends then for the sick, therefore they ought to be careful not to take too great a dose of it.

*Peony water, in Latin, Aqua Pæoniæ Composita.*

Take of the fresh flowers of Lilly of the Vallies one pound, infuse them in four gallons of Spanish wine; take of Lime flowers half a pound, Peony flowers four ounces, infuse them two days, and then distill them in hot water until the ingredients are dry, in the distilled liquor infuse two ounces and an half of male Peony root, gathered in due Season, of white Dittany root, and of the root of longbirthwort, each half an ounce, of the Mistero of the Oak, of Rue, each two handfuls of Castor two scruples, of Cubebs and Mace, each two drams, of Cinamon an ounce and an half, Squills prepared three drams, of the flowers of Rosemary six pugils, of Arabian Stechas, of Lavender flowers, each four pugils, of the flowers of Bettony, July flowers, and Couslips, each eight pugils, then adding two quarts of the juice of black Cherries distil all in a glass vessel as above.

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Virtues.

*Virtues.* This is a head water, and is used for all the diseases of it, as Apoplexies, Letbargies, Head-aches, Giddiness and the like, it is also good for convulsions, and the palsy.

*Dose.* An ounce of it may be taken at a time.

*Queen of Hungarys water, in Latin, aqua Regina Hungariae.*

Fill a Glas or Earthen Cucurbit half full of Rosmary flowers, gathered when they are at best, pour upon them a sufficient quantity of Spirit of wine, so infuse them, set the Cucurbit in a bath, and joyning its head and Receiver, lute close the junctures and give it a digesting fire for three days; after which unlute them, and pour into the Cucurbit that which may have been distilled, refit your Limbeck and increase the Fire, so as to make the liquor distil drop by drop; when you have drawn about two thirds of it, put out the fire, and unlute them, and put the water so distilled into a viol well stopped.

*Virtues.* It is good in a Palsie, Letbargie, Apoplexy, and for Histerick diseases; it is likewise used outwardly for burns, tumors, cold, pains, contusions, palsie, and in all other cases, wherein it is requisite to revive the Spirits, Ladies use to mix half an ounce of it with six ounces of Lilly water, or bean flower-water, and wash their faces with it.

*Dose.* A dram or two drams may be taken of it, in some convenient liquor.

*Horse Radish water, In Latin, Aqua Raphani Composita.*

Take of the leaves of both the Scurvy-grasses gathered in the Spring and cleansed, each six pound, bruise them and press out the juice, whereunto add of the juice of Watercresses, and Brook lime, each



a pint and an half, of white wine four quarts, twelve Lemons sliced, of fresh Briony roots four pound, of Horse Radish roots two pound, of Wak-robin root half an ounce, of Winteran Bark, and Nutmegs each four ounces, infuse them three days, and then distill them in hot water.

*Virtues.* This water is proper for the Scurvy, and to force Urine.

*Dose.* Two ounces of it may be taken at a time.

*Saxony water, in Latin, aqua Saxonix Cordialis.*

Take of the juice of Borrage, Bugloss, Bistort, Baulm, Tormentile, Scordium, Vervain, sharp pointed Dock, Sorrel, Goats Rue, Chervil the greater and lesser, Blew-bottle, Roses, Marygolds, Lemons, Citrons, each six ounces, Burnet, Cinquefoyl, each three ounces, white wine vinegar a pint, of the seeds of Purslain, of the flowers of water Lilly, each two ounces, of the flowers of Borrage, Bugloss, Violets, and July-flowers, each one ounce, of the species of the three Sanders six drams, infuse them all rightly prepared three days; then distill them in glass vessels in hot water, add to the distilled liquor three drams of Pearls finely powdered, mix them well and keep them for use.

*Virtues.* This is a good cooling water, fit to be used in Feavers.

*Dose.* You may take two or three ounces at a time.

*Scordium water, in Latin, aqua Scordii Composita.*

Take of the clarified juice of Goats Rue, Sorrel, Scordium, and Citron, each a pint, of London Treacle two ounces; infuse them three days, and distill

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them in a glass Limbeck in hot water.

*Virtues.* This is chiefly designed to expel Malignity, and may be well mixed upon such occasions with the Bezoartick water or Epidemick water or the like.

*Dose.* Is two ounces.

*Snail water, in Latin, aqua Limacum Magistralis.*

Take of the juice of Ground-ivy, Colts-foot, Scabious, and Spotted Lungwort, each a pint and an half, of the juice of Plantain, Purslain, Capadocian oak, Speedwell, each a pint, of fresh hogs blood and of white wine each two quarts, of Garden Snails cut two pints, of roots of Liquorice powdered two ounces, of the roots of Elecampane half an ounce, of Florentine orris one ounce, of Cotton seeds an ounce and an half, of the greater cold seeds, and of anise-seeds, each six drams, of Saffron one dram, of the flowers of Red Roses six pugils, of Violets, and of Borrage flowers, each four pugils; infuse them warm three days, and then distil them in a glass Limbeck in hot water.

*Virtues.* It is used for Consumptions and other diseases of the Lungs, and to help Expectoration.

*Dose.* Two ounces may be taken at a time.

*Doctor Stephan's water, in Latin, aqua Doctoris Stephani.*

Take of Cinnamon, Ginger, Galingal, Cloves, Nutmegs, Grain of Paradise, seeds of Anise, Fennel, Caraways, each three drams, leaves of Thyme, and wild Thyme, Mint, Sage, Pennyroyal, Pellitory, Rosmary, flowers of red Roses, Camomil, wild Marjoram, Lavender, each one handful, steep them

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in six quarts of Gascoign wine for the space of a day, then distill them in hot water.

*Virtues.* It is very good for the Stomach, and expels wind.

*Dose.* An ounce or two may be taken at a time

*Treacle water, in Latin, aqua Theriacalis.*

Take of the juice of the green shells of walnuts two quarts, juice of Rue three pints, of Carduus Benedictus, Marygolds, and Baulm, each two pints, of the fresh roots of Butterbur a pound and an half, of Burdok one pound, of Angelica and Masterwort, each half a pound, of the leaves of Scordium four handfuls, of old Venice Treacle and Mithridate, each eight ounces, of good Canary Wine six quarts, of the sharpest vinegar six pints, of the clarified juice of Lemons a quart; digest them two days in warm water, the vessel being well stopt, then distill it, of what remains may be prepared the extract of Treacle.

*Virtues.* This water is much used to provoke sweat, and to expel malignity.

*Dose.* An ounce or two ounces may be taken at a time.

*Compound water of walnuts, in Latin, aqua Juglandium Composita.*

Take of the green shells of Walnuts one pound and an half, of the roots of garden Radishes one pound, of the green leaves of Asarabacca six ounces, of the seeds of Radishes four ounces, bruise them and pour upon them three pints of White-wine Vinegar, digest them three days, and distill them in glass vessels in hot water.

*Virtues.* Two spoonfuls of this water will vomit.  
Water.

*Water of worms, in Latin, Aqua & Spiritus Lumbricorum Magistralis.*

Take of worms well cleansed three pints, of Snails with the shells well cleansed two gallons, bruise them in a Morter, and put them into a convenient vessel, and add to them of the leaves of stinking nettles with the roots six handfuls, of wild Angelica four handfuls, of Bears breech seven handfuls, of Agrimony and Betony three handfuls, of Rue one handful, of common Wormwood two handfuls, of the flowers of Rosmary six ounces, of the roots of sharp pointed Dock ten ounces, of wood-forrel five ounces, of Turmerick, and the inward bark of the Barberry Tree, each four ounces, of the seeds of Fenugreek two ounces, of cloves powdered three ounces, of Harts-horn and Ivory, each four ounces, of saffron three drams, of small Spirit of Wine four gallons and an half, infuse them twenty four hours and distil them in glass vessels in hot water, the first four pints are called Spirit, the rest Magisterial water of Worms.

*Virtues. It is good for Consumptions, good for the jaundice and Scurvy.*

*Dose.* Half an ounce of the Spirit may be taken at a time, or one ounce of the water.

*Spirit and water of Wormwood Compound, in Latin, Spiritus & Aqua absynthii Composita.*

Take of the leaves of dry Wormwood two pound, of Anise-seeds half a pound, infuse them in six gallons of small spirit of wine twenty four hours; then distill them in hot water, and draw four gallons; add to each pint of the liquor distilled

led two ounces of fine Sugar; the first quart is Spirits, the rest compound water of Wormwood; by the same way without Anise-seeds may be drawn the Spirit and water of Angelica, Baulm, Mint, Sage, of the flowers of Rosemary, July-flowers, of the seed of Carraways, of Juniper-berries, of the barks of Oranges, Citrons and Lemons.

*Virtues.* This is a good Stomach water, expels wind, and helps concoction, and is good in the dropsie.

*Dose.* A spoonful of the Spirit may be taken at a time, and two spoonfuls of the water.

### Tinctures.

#### Tincture of Ambar.

Reduce into an impalpable powder five or six ounces of yellow Ambar, put it into a bolt head, pour upon it Spirit of wine, the height of four fingers, stop this bolt head with another, to make a double vessel, and having exactly luted the junctures with a wet bladder, place it in digestion in hot sand, and leave it there five or six days, or until the Spirit of wine is sufficiently tinged with the Ambar colour; decant this Tincture, and put more spirit of wine to the matter, you must digest it as before, then having separated the impregnation, mix it with the other, filtrate them, and distil from them in an alembick with a very little fire, about half the Spirit of wine, which may serve you as before, keep the Tincture that you will find at the bottom of the alembick, in a viol well stopd.

*Virtues.* It is good for the Apoplexy, Palsy, Epilepsy, and for Histerical women.

*Dose.* You may take from ten drops to a dram in some proper liquor,

Tincture