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SECTION XIV.

TROCHES.

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Agaricus Trochiscatus.

*Troches of Agaric.*

**T**Ake of white and light Agaric, grated and well bruis'd, three ounces; Tartar of Vitriol, two drams; and a sufficient quantity of the Mucilage of Gum-Dragon, made with Mint-water, so as that, by mixing them, Troches may be, artificially, made thereof \*.

Trochisci albi Rhafis, seu Sief album.

*The white Troches of Rhafes.*

Take of Ceruse, ten drams; Sarcocol, three drams; Starch, two drams; Gum-Arabic, and Gum-Dragon, of each a dram; Camphire,

\* Tartar of Vitriol proves a better corrector of Agaric than Ginger; which, for that purpose, is ordered in the *London Dispensatory*.

half

half a dram; and a proper quantity of Rose-water; in which dissolve the Gum-Arabic, and Gum-Dragon, so as to make a Mucilage: and the other ingredients being reduced to powder, make Troches of the whole, according to the rules of art.

Trochisci Alhandal, seu Colocynthis Trochiscata.

*Troches of Alhandal, or Coloquintida.*

Take of the pulp of Colocynth, well bruis'd, without the seeds, three ounces; of Tartar of Vitriol, three drams; and with a sufficient quantity of a thick Mucilage of Gum-Dragon, made with Mint-water, let the whole be artificially form'd into Troches\*.

Trochisci Bechici albi.

*White pectoral Lozenges.*

Take of white Sugar-Candy, a pound and half; Florentine Orrice-Root, an ounce and half; Liquorise-root, an ounce; Starch, half an ounce; Mucilage of Gum-Dragon, made with Rose-water, as much as will serve to form the whole into Lozenges.

\* The *Tartarum Vitriolatum* seems to be very judiciously added in this composition, as a corrector; which the roughness and violence of the colocynth greatly require: this purpose it, doubtless, answers much better than the *Bdellium*, wherewith these Troches are usually clogg'd in other Dispensatories.

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Trochisci Bechici nigri.

*Black Pectoral Lozenges.*

Take of the Juice of Liquorise, two ounces; Balsam of *Tolu*, and calamite Storax, each a dram; white Sugar, half a pound; Mucilage of Gum-*Dragon*, made with Hyssop-water, such a proportion as will, with the requisite art, make the whole into Lozenges.

Trochisci de Carabe.

*Troches of Amber.*

Take of white Amber, six drams; burnt Hart's-horn, Gum-Arabic, Gum-*Tragacanth*, red Coral, Blood-stone, true (or *German*) Acacia, Hypocistis, Balauftines, Mastich, *Dragon's-blood*, Bole *Armeniac*, and *Japan* Earth, of each two drams; of Saffron, Olibanum and Opium, each a dram and half; Rose-water, a sufficient quantity; wherewith let the Gum-Arabic, and Gum-*Dragon*, be dissolv'd into a mucilage; and add the other ingredients, in fine powder, so as to form Troches, with the requisite art.

Trochisci Cypheos, pro Mithridatio.

*Troches of Cyperus, for Mithridate.*

Take of the pulp of ston'd Raisins of the sun, and *Cyprus* Turpentine, each three ounces; Myrrh and *Squinanth*, of each an ounce and

and half; Cinnamon, half an ounce; Saffron, a dram; Bdelium, Spikenard, *Cassia lignea*, round [or long] Cyperus-root, and Juniper-berries, of each three drams; of Rhodium [or yellow Saunders] two drams and a half; of *Calamus Aromaticus*, nine drams; a little Canary wine, and a sufficient quantity of clarified Honey. Let the Bdelium and Myrrh be ground with the Wine to the consistence of Honey; then add by degrees the pulp of Raisins, the Turpentine, the Honey, and lastly the other ingredients reduced to very fine powder; and so make them into Troches, according to the rules of art.

## Trochisci Diasulphuris.

*Troches of Sulphur.*

Take of the flowers of Sulphur, an ounce; the flowers of Benjamin, a dram; of white Sugar, half a pound; and a sufficient quantity of the Mucilage of Gum-Dragon, made with Hyssop-water; mix them all together, and make Troches thereof, according to art.

Trochisci dicti Magma Hedychroi, pro Theriaca  
*Andromachi.*

*Troches, call'd the mass Hedychroon, for the Theriaca\*.*

Take of the Leaves of Marum and Marjo-

\* This composition is said to have been first described under the simple title of *Hedychroon*, or the *pleasant-colour'd medicine*, by *Andromachus*, the famous author of the Treacle that goes by his name. We meet with it in *Galen de Antidoto & de Theriaca.*

ram,



ram, of Rhodium, [or yellow Saunders] and of the root of Asarabacca, each two drams; of Squinanth, *Calamus aromaticus*, *Pontic Phu* [or the root of wild Valerian] Xylobalsamum [or Aloes-wood] Opobalsam, [or Balsam of Peru] Costus [or Zedoary] and Cinnamon, each three drams; of Myrrh, *Indian Leaf*, [or Bay-leaves] *Indian Spikenard*, *Cassia lignea*, and of Saffron, each six drams; of Amomum [or Cloves] an ounce and half; of Mastich, a dram; and, with a requisite proportion of *Canary Wine*, make them up into Troches, according to art.

Trochisci de Terra Japonica.

*Troches of Japan Earth.*

Take of *Japan Earth*, two ounces; of Gum-Arabic, and Gum-Dragon, each a dram; of white Sugar, a pound; and a proper quantity of Rose-water: dissolve the Gums in the Rose-water, so as to make a mucilage; and with this beat up the Troches.

Trochisci de Myrrha.

*Troches of Myrrh.*

Take of Myrrh, three drams; of Madder-root, the Leaves of Dittany of *Crete*, those of Horse-mint, and common Penny-royal, of Castor, Sagapenum, Opopanax, and *Assafetida*, each two drams; the distill'd Oils of Rue and Savin,

Savin, of each twenty drops ; and a sufficient quantity of *Elixir Proprietatis* : let the Gums, by means of the Elixir, be reduced to a mass, of the consistence of Honey ; and afterwards add the Oils and Powders, so as that Troches may be artificially formed thereof.

Trochisci Scillitici, pro Theriaca Andromachi.

*Troches of Squills for the Treacle of Andromachus.*

Take an entire Squill, after the leaves and stalks are dry, and having pull'd off its outside, include it in a paste, made of wheat flower, and bake it in an oven, till the crust becomes hard : then take three ounces of the Squill, thus-baked tender, and grind it in a mortar, adding thereto two ounces of the meal of the white Vetch, so as to make a paste ; whereof Troches being form'd, let them be dried in the shade.

*But the mere pulp of the Squill is justly preferred to these Troches\*.*

\* This is an ingenuous confession ; and might be extended to several other preparations : but in many cases it requires a good knowledge of physick and pharmacy, to say when the rude simple is preferable to its composition ; and of this knowledge the physicians of the Royal College of *Edinburg* appear, by this their Dispensatory, to be greater masters than any other body of men who have hitherto published a standard, or purely officinal, *Pharmacopœia*.

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Trochisci Viperini, pro Theriaca *Andromachi*.  
*Troches of Vipers, for Venice Treacle.*

Take half a pound of Viper's flesh, separated from the skins, the entrails, the fat, the heads and the tails, and boiled till it grows soft in Spring-water, seasoned with a little Dill and Salt, and afterwards clear'd of the back-bone; of bisket Bread, ground and searced, two ounces; beat them up together, with a proper quantity of the broth, remaining after the vipers were boiled, into a mass, to be formed into Troches, according to art.

*These Troches are brought to us from other parts, ready prepared; but the dried flesh of the viper is with justice preferred thereto\*.*

### GENERAL RULES for the Preparing of TROCHES.

I. *The three preceding Rules, laid down for the making of powders, must be likewise understood of the preparing powders for Troches.*

\* Here we have another instance of the judgment and frankness of the *Edinburg* Physicians; who seem rather willing to deliver plain, useful truths, than to make themselves revered for mystery, and blinding the eyes of the populace.

II. *When*

- II. *When the mass is so glutinous as to stick to the fingers, whilst the Troches are forming; let the hands be rubbed with sweet oil, or any other, of the aromatic tribe, that is proper.*
- III. *In order to the well drying of them, let them be laid upon an inverted sieve, in a shady, but open airy place; and keep them frequently turning.*
- IV. *Let them be kept for use in vessels of glass; or at least in those of glaz'd earth.*



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