

who had utterly lost their Voice, *Sciatica, Gout, Feints,* and almost their Spirits also. The *Fistula's, Ulcers, Cankers,* Juice thereof made into a Syrup, *Testicles, Womens Breasts.* or licking Medicine, with Honey or Sugar, is no less effectual for the same purpose, and for all other Coughs, Wheezing, and Shortness of Breath. The same is also profitable for those that have the Jaundice, the Pleurisie, Pains in the Back and Loins, and for Torments in the Belly, or Cholick, being also used in Clysters. The Seed is held to be a special Remedy against Poyson and Venom. It is singular good for the *Sciatica, the Gout,* and in Joint-aches, Sores, and Cankers in the Mouth, Throat, or behind the Ears; and no less for the hardness and swelling of the *Testicles, or of Womens Breasts.*

Nail-wort, or Whitlow-grass.

Descript.] **T**his very small and common Herb hath no Roots, save only a few strings; neither doth it ever grow to be above a hand's breadth high; the Leaves are very small, and something long, not much unlike those of Chickweed, among which rise up divers slender Stalks, bearing many white Flowers one above another, which are exceeding small; after which come small flat Pouches containing the Seed, which is very small, but of a sharp Taste.

Place.] It grows commonly upon old Stone and Brick-Walls, and sometimes in dry gravelly Grounds, especially if there be Grass or Moss near to shadow it.

Time.] They flower very early in the Year, sometimes in January, and in February; for before the end of April they are not to be found.

Government and Vertues.] It is held to be exceeding good for those Imposthumes in the Joints, and under the Nails, *Imposthumes, Whitlows, Felons;* which they call Whitlows, *Andicoms, Nail-wheals.* Felons, Andicoms, and Nail-wheals. Such as would be knowing Physicians, let them read these Books of mine of the last Edition, viz. *Riverius, Riola-nus, Johnson, Vestingus, Senuartus.*

Nep, or Catmint.

Descript.] Common Garden Nep shooteth forth hard four-square Stalks with a Hoariness on them, a Tard high or more, full of Branches, bearing at every Joint two broad Leaves somewhat like Balm, but longer pointed, softer, whiter, and more hoary, nicked about the Edges, and of a strong sweet Scent. The Flowers grow in large tufts at the tops of the Branches, and underneath them likewise on the Stalks many together, of a whitish Purple-Colour. The Roots are composed of many long Strings or Fibres, fastening themselves stronger in the Ground, and abide with green Leaves thereon all the Winter.

Place.] It is only nursed up in our Gardens.

Time.] And it flowereth in July or thereabouts.

Government and Vertues.] It is an Herb of Venus. Nep

Terms provokes, Barrenness, Womb, Wind, Mother, Cough, Rheums Vertigo, Cramp, cold Ach, Difficulty of Breath, Bruises, Hemorrhoids, Scabby Head.

is generally used for Women to procure their Courses, being taken inwardly or outwardly, either alone or with other convenient Herbs in a Decoction to bathe them, or sit over the hot Fumes thereof; and by the frequent use thereof it takes away Barrenness, and the Wind, and Pains of the Mother. It is also used in Pains of the Head coming of any cold Cause, Catarrhs, Rheums, and for Swimming and Giddiness thereof, and is of special use for the Windiness of the Stomach and Belly. It is effectual for any Cramp or cold Aches, to dissolve the Cold and Wind that afflicteth the place, and is used for Colds, Coughs, and Shortness of Breath. The Juice thereof drunk in Wine, is profitable for those that are bruised by an Accident. The green Herb bruised and applied to the Fundament, and lying there two or three Hours, easeth the Pains of the Piles. The Juice also being made up into an Ointment, is effectual for the same purpose. The Head washed with a Decoction thereof, it taketh away Scabs, and may be effectual for other parts of the Body also.

Nettles

Nettles.

Nettles are so well known, that they need no Description at all; they may be found by feeling in the darkeſt Night.

Government and Vertues.] This is alſo an Herb Mars claims dominion over. You know Mars is hot and dry, and you know as well that Winter is cold and moiſt; then you may know as well the reaſon why Nettle-tops eaten in Spring conſume the phlegmatick Superfluities in the Body of Man, that the coldneſs and moiſture of Winter hath left behind. The Roots or Leaves boiled, or the Juice of either of them, or both made into an Electuary with Honey or Sugar, is a ſafe and ſure Medicine to open the Pipes and Paſſages of the Lungs, which is the cauſe of Wheezing and Shortneſs of Breath, and helpeth to expectorate tough Phlegm, as alſo to raiſe the impoſthumed Pleuriſie; and ſpend it by Spitting; the ſame helpeth the ſwelling of the Almonds of the Throat, the Mouth and Throat being gargled therewith.

The Juice is alſo effectual to ſettle the Palate of the Mouth in its place, and to heal and temper the Inflammations and Soreneſs of the Mouth and Throat. The Decoction of the Leaves in Wine, being drunk, is ſingular good to provoke Womens Courſes, and ſettle the Suffocation, ſtrangling of the Mother, and all other Diſeaſes thereof; as alſo applied outwardly with a little Myrrh.

The ſame alſo, or the Seed, provoketh Urine, and expelleth the Gravel and Stone in the Reins or Bladder, often prov'd to be effectual in many that have taken it. The ſame killeth the Worms in Children, eaſeth Pains in the Sides, and diſſolveth the Windineſs in the Spleen, as alſo in the Body, although others think it only powerful to provoke Venery. The Juice of the Leaves taken two or three days together, ſtayeth bleeding at the Mouth. The Seed being drunk, is a remedy

Lungs, Wheezing, Shortneſs of Breath, Pleuriſie, Almonds of the Ears, Throat, Mouth, Uvula.

Terms provokes, Mother, Diſury, Gravel, Worms, Spleen, Bleeding, Venomous Beaſts, mad Dogs, Hemlock, Henbane, Nightſhades, Mandrakes, Lethargy, Morpew, Leproſie, Bleeding, Polypus, Ulcers, Fiſtula's, Gangreens, Scabs, Itch, Wounds, Weavineſs, Diſjunctures, Gout, Sciatica, Joints.

against the stinging of venomous Creatures, the biting of mad Dogs, the poisonous Qualities of Hemlock, Henbane, Night-shade, Mandrake, or other such like Herbs that stupefy or dull the Sense; as also the Lethargy, especially to use it outwardly to rub the Forehead or Temples in the Lethargy, and the Places bitten or stung with Beasts, with a little Salt. The distilled Water of the Herb is also effectual (altho' not so powerful) for the Diseases aforesaid; as for outward Wounds and Sores to wash them and to cleanse the Skin from Morpew, Leprosie, and other Discolourings thereof. The Seed or Leaves bruised, and put into the Nostrils, stayeth the Bleeding of them, and taketh away the Flesh growing in them called *Polypus*. The Juice of the Leaves, or the Decoction of them, or of the Root, is singular good to wash either old, rotten or stinking Sores or Fistula's, and Gangreens, and such as are fretting, eating, or corroding Scabs, Manginess, and Itch in any Part of the Body, as also green Wounds, by washing them therewith, or applying the green Herb bruised thereunto, yea, although the Flesh were separated from the Bones; the same applied to our wearied Members, refresheth them, or to Places that have been out of Joint, being first set up again, strengtheneth, drieth, and comforteth them, as also those Places troubled with Aches and Gouts, and the Defluxion of Humours upon the Joints or Sinews; it easeth the Pains, and drieth or dissolveth the Defluxions. An Ointment made of the Juice, Oil, and a little Wax, is singular good to rub cold and benumbed Members. An handful of the Leaves of green Nettles, and another of Wall-wort, or Dean-wort, bruised and applied simply of themselves to the Gout, Sciatica, or Joint-aches in any Part, hath been found to be an admirable Help thereunto.

Night-shade.

Descript.] **C**ommon Night-shade hath an upright, round, green, hollow stalk, about a foot or half a yard high, bushing forth into many branches, whereon grow many green leaves, somewhat broad, and pointed at the ends, soft and full of juice, somewhat like unto Basil, but larger, and a little unevenly dented about the edges: At the tops of the stalks and branches come forth three or four more white Flowers made of five small pointed leaves apiece, standing on a stalk together one above

above another, with yellow pointels in the middle, composed of four or five yellow threads set together, which afterwards run into so many pendulous green berries of the bigness of small Pease, full of green juice, and small whitish round flat Seed lying within it. The Root is white, and a little woody when it hath given flower and fruit, with many small fibres at it: The whole Plant is of a waterish insipid taste, but the juice within the berries is somewhat viscous, and of a cooling and binding Quality.

Place.] It groweth wild with us under our Walls, and in Rubbish, the common Paths, and Sides of Hedges and Fields; as also in our Gardens here in England, without any planting.

Time.] It dieth down every Year, and riseth again of its own sowing, but springeth not until the latter end of April at the soonest.

Government and Vertues.] It is a cold Saturnine Plant. This common Night-shade is wholly used to cool hot Inflammations either inwardly or outwardly, be-

ing no ways dangerous to any that use it, as most of the rest of the Night-shades are; yet it must be used moderately. The distilled Water only of the whole Herb is

Inflammations, Inflammations in the Eyes, Shingles, Ring-worms, Terms stop, Testicles, Gout, Ears.

fittest and safest to be taken inwardly: The Juice also clarified and taken, being mingled with a little Vinegar, is good to wash the Mouth and Throat that is enflamed: But outwardly the Juice of the Herb or Berries, with Oil of Roses and a little Vinegar and Cerus labour'd together in a leaden Mortar, is very good to anoint all hot Inflammations in the Eyes. It also doth much good for the Shingles, Ring worms, and in all running, fretting and corroding Ulcers, applied thereunto. A Pessary dipped in the Juice, and dropped into the Matrix, stayeth the immoderate Flux of Womens Courses; a Cloth wet therein, and applied to the Testicles or Cods, upon any Swelling therein, giveth much Ease, also to the Gout that cometh of hot and sharp Humours. The Juice dropped into the Ears, easeth Pains thereof that arise of Heat or Inflammations. And Pliny saith, it is good for hot Swellings under the Throat. Have a care you mistake not the Deadly Night-shade for this; if you know it not, you may let them both

alone, and take no harm, having other Medicines sufficient in the Book.

The Oak.

IT is so well known (the Timber thereof being the Glory and Safety of this Nation by Sea) that it needeth no Description.

Government and Vertues.] Jupiter owns the Tree. The Leaves and Bark of the Oak, and the Acorn-Cups, do bind and dry very much: The inner bark of the tree, and the thin skin that covereth the Acorn, are most used to stay the spitting of blood, and the bloody flux: The Decoction of that Bark, and the Powder of the Cups, to stay Vomiting, Spitting of Blood, Bleeding at the Mouth, or other Flux of Blood, in Men or Women; Lasks also, and the involuntary Flux of natural Seed. The Acorn in Powder taken in Wine, provoketh Urine, and resisteth the Poison of venomous Creatures. The Decoction of Acorns and the Bark made in Milk and taken, resisteth the force of poisonous Herbs and Medicines, as also the Virulency of Cantharides, when one by eating them hath his Bladder exulcerated and pisseth Blood. *Hippocrates* saith, he useth the Fumes of Oak-Leaves to Women that were troubled with the strangling of the Mother; and *Galen* applied them, being bruised, to cure green Wounds. The distilled Water of the Oaken-bud before they break out into Leaves, is good to be used either inwardly or outwardly to assuage Inflammations, and stop all manner of Fluxes in Man or Woman: The same is singular good in pestilential and hot burning Fevers; for it resisteth the Force of the Infection, and allayeth the Heat: It cooleth the Heat of the Liver, breaketh the Stone in the Kidneys, and stayeth Womens Courses. The Decoction of the Leaves worketh the same Effects. The Water that is found in the hollow Places of old Oaks, is very effectual against any foul or spreading Scabs. The distilled Water (or Concoction, which is better) of the Leaves, is one of the best Remedies that I know for the Whites in Women.

Dry, bind, Spitting Blood, Flux, Vomiting, Venereous Acts, Disury, Poison, venomous Beasts, Cantharides, Ulcers of the Bladder,

Mother, Wounds, Inflammations, Flux, Pestilences, Epidemical Diseases, Liver, Stone, Terms stops, Scabs.

Oats.