

the very Lye made of the Ashes of the Herb being drunk, cures the Disease. It provokes the Terms, helps the Fits of the Mother, strengthens the Stomach exceedingly, and expels Wind. Indeed there is scarce a better Remedy for Wind in any Part of the Body, or the Cholick, than the Chimi- cal Oil drawn from the Berries, such Country People as know not how to draw the Chimi- cal Oyl, may content themselves by eating ten or a dozen of the ripe Berries every Morning fasting; they are admirably good for a Cough; Shortness of Breath, and Con- sumption, Pains in the Belly, Ruptures, Camps, and Convul- sions. They give safe and speedy Delivery to Women with Child, they strengthen the Brain exceedingly, help the Memo- ry, and fortify the Sight by strenghtning the Optick Nerves. They are excellent good in all Sorts of Agues, they help the Gout and Sciatica, and strengthen all the Limbs of the Body. The Ashes of the Wood is a special Remedy to such as have the Scurvy, to rub their Gums with. The Berries stay all Fluxes, help the Hæmorrhoids or Piles, and kill Worms in Children. A Lye made of the Ashes of the Wood, and the Body bathed with it, cures the Itch, Scabs and Leprosy. The Berries break the Stone, procure Appetite when it is lost, and are excellent good for Palsies, and Falling-Sickness.

Kidney-wort, or Wall-Penny-Royal, or Wall-Penny-Wort.

Descript. ] I T hath many thick, flat, and round Leaves growing from the Root, every one having a long Foot-stalk, fastned underneath, about the Middle of it, and a little unevenly weaved sometimes about the Edges, of a pale green Colour, and somewhat yellow on the upper Side like a Sawcer; from among which rise one or more tender, smooth, hallow Stalks half a Foot high, with two or three small Leaves thereon, usually not round as those below, but somewhat long, and divided at the Edges; the Tops are somewhat dividided into long Branches, bearing a Number of Flowers, set round about a long Spike one above ano- ther, which are hollow and like a little Bell, of a whitish green Colour, after which come small Heads, containing very small

small brownish Seed, which falling on the Ground, will plentifully spring up before Winter, if it have Moisture. The Root is round, and most usually smooth, grayish without, and white within, having small Fibres at the Head of the Root, and Bottom of the Stalk.

*Place.*] It groweth very plentifully in many Places of this Land, but especially in all the West Parts thereof, upon Stone and Mud Walls, upon Rocks also, and in Stony Places upon the Ground, at the Bottom of old Trees, and sometimes on the Bodies of them that are decayed and rotten.

*Time.*] It usually flowereth in the Beginning of May and the Seed ripening quickly after, sheddeth itself; so that about the End of May, usually the Leaves and Stalks are withered, dry, and gone until September, that the Leaves spring up again, and so abide all Winter.

*Government and Vertues.*] Venus challengeth the Herb under Libra. The Juice or the distilled Water being drunk, is very effectual for all Inflammations and unnatural Heats,

*Inflammations, Pimples, Redness, St. Anthony's Fire, Kidneys hurt by the Stone, Dysfury, Stone, Bloody flux, Piles, Hemorrhoids, Gout, Sciatica, Cods, King's Evil, Kibes, Chilblains.*

to cool a fainting hot Stomach, or a hot Liver, or the Bowels; the bruised Herb, or the Place bathed with the Juice, or distilled Water thereof, and outwardly applied, healeth Pimples, Redness, St. Anthony's Fire and other outward Heats and Inflammations. The said Juice or Water helpeth much also to heal sore Kidneys, torn or fretted by the Stone, or exulcerated within, and easeth the Pains: It also provoketh

Urine, and is available for the Dropsie, and helpeth to break the Stone, cooling the inflamed Parts and other Pains of the Bowels, and the Bloody-Flux. It is singular good to cool the painful Piles, or Hemorrhoidal Veins, the Juice being used as a Bath unto them, or made into an Ointment. It is no less effectual to give Ease of Pains to the hot Gout, the Sciatica, and the Inflammations and Swellings in the Cods; it helpeth the Kernels or Knots in the Neck or Throat, called the King's-Evil; healeth Kibes and Chilblains if they be bathed with the Juice, or anointed with an Ointment made thereof, and some of the Skin

of the Leaf upon them; it is also used in green Wounds to stay the Blood, and to heal them quickly.

## Knapweed.

Descript.] THE common Sort hereof hath many long and somewhat broad dark green Leaves, rising from the Root, dented about the Edges, and sometimes a little rent or torn on both Sides in two or three Places, and somewhat hairy withal; amongst which riseth a long round Stalk, four or five Foot high, divided into many Branches; at the Tops whereof stand great scaly green Heads, and from the Middle of them thrust forth a Number of dark purplish red Thrums or Threads, which after they are withered and past, there are found divers black Seeds, lying in a great deal of Down, somewhat like unto a Thistle Seed, but smaller; the Root is white, hard and woody, and divers Fibres annexed thereunto, which perisheth not, but abideth with Leaves thereon all the Winter, shooting out fresh every Spring.

Place.] It groweth in most Fields and Meadows, and about their Borders and Hedges, and in many waste Grounds also every where.

Time.] It usually flowereth in June and July, and the Seed is ripe shortly after.

Government and Vertues.] Saturn challengeth the Herb for his own. This Knapweed helpeth to stay Fluxes, both of Blood at the Mouth or Nose, or other outward Parts, and those Veins that are inwardly broken, or inward Wounds, as also the Fluxes of the Belly; it stayeth Distillations of thin and sharp Humours from the Head upon the Stomach and Lungs, it is good for those that are bruised by any Fall, Blows or otherwise, It is very profitable for those that are

Fluxes, Bleeding;  
Veins broken, Pysick,  
Falls, Blows, Ruptures  
Sores, Cankers, Fistu-  
laes, Scabby Head;  
sore Throat, Uvula,  
Jaws.

Bursten, and have a Rupture, by drinking the Decoction of the Herb and Roots in Wine, and applying the same outwardly to the Place. It is singular good in all running Sores, Cancerous and Fistulous, drying up of the Moisture, and healing them up gently, without Sharpness; it doth the like to running Sores and Scabs of the Head, or other Parts. It is of special Use for the Soreness of the Throat, swelling of the Uvula and

Jaws; and excellent good to stay Bleeding, and heal up all green Wounds.

### Knot-Grass.

**I**T is generally known so well that it needeth no Description.

*Place.*] It groweth in every Country of this Land, by the High-Way Sides, and by Foot-Paths in Fields; as also by the Sides of the old Walls.

*Time.*] It springeth up late in the Spring, and abideth until Winter, when all the Branches perish.

*Government and Vertues.*] *Saturn* seems to me to own the Herb, and yet some hold the *Sun*; out of doubt 'tis *Saturn*. The Juice of the common kind of Knot Grass is most effectual to stay Bleeding at the Mouth, being drunk in steeled or red Wine; and the Bleeding at the Nose, to be applied to the Forehead and Temples, or to be squirted up into the Nostrils. And no less effectual to cool and temper the Heat of the Blood and Stomach, and to stay any Flux of the Blood and Humours,

*Bleeding, Heat, Flux, Bloody-Flux, Courses stopp'd, Dysury, Gravel, Venomous Beasts, Rheums, Worms, Heat, Cholera, Inflammations, Imposthumes, Gangreen, Fistulaes, Cankers, Ulcers, Wounds, Ears.*

as Lasks, Bloody-Flux, Womens Courses, and Running of the Reins. It is singular good to provoke Urine, help the Strangury, and allayeth the Heat that cometh thereby; and is powerful by Urine, to expel the Gravel or Stone in the Kidneys and Bladder, a Dram of the Powder of the Herb being taken in Wine for many Days together: Being boiled in Wine and drunk, it is profitable to those that are stung or bitten by Venomous Creatures, and very effective

to stay all Defluxions of Rheumatick Humours upon the Stomach, and killeth Worms in the Belly or Stomach, quitteth inward Pains that arise from the Heat, Sharpness and Corruption of Blood and Cholera. The distilled Water hereof taken by itself, or with the Powder of the Herb or Seed, is very effectual to all the Purposes aforesaid, and is accounted as one of the most Sovereign Remedies to cool all Manner of Inflammations, breaking out through Heat, hot Swellings and Imposthumations, Gangreen and fistulous Cankers, or foul filthy Ulcers, being applied or put into them; but especially for all Sort of

Ulcers

Ulcers and Sores happening in the Privy Parts of Men and Women. It helpeth all fresh and green Wounds, and speedily healeth them. The Juice dropped into the Ears, cleanseth them being foul, and having running Matter in them.

It is very prevalent for the Premisses; as also for broken Joints and Ruptures.

Ladies-Mantle.

Descript.] **I**t hath many Leaves rising from the Root, standing upon long hairy Foot-stalks, being almost round, but a little cut in on the Edges, into eight or ten Parts more or less, making it seem like a Star, with so many Corners, and Points, and dented round about, of a light green Colour, somewhat hard in handling, and as if it were folded or plaited at first, and then crumpled in divers Places, and a little hairy, as the Stalk is also which riseth up among them to the Height of two or three Foot, with such like Leaves thereon, but smaller, and being weak, is not able to stand upright, but bendeth down to the Ground, divided at the Top into two or three small Branches, with small yellowish green Heads and Flowers of a whitish Colour breaking out of them; which being past, there cometh small yellowish Seed like a Poppy Seed: The Root is somewhat long and black, with many Strings and Fibres thereat.

Place.] It groweth naturally in many Pastures and Woodsides in Hertfordshire, Wiltshire, and Kent, and other Places of this Land.

Time.] It flowereth in May and June, abideth after Seed-time green all the Winter.

Government and Vertues.] Venus claims the Herb as her own. Ladies Mantle is very proper for those Wounds that have Inflammations, and is very effectual to stay Bleeding, Vomitings, Fluxes of all Sorts in Man or Woman, and bruises by Falls or otherwise, and helpeth Ruptures, and such Women or Maids as have over great flagging Breasts; causing them to grow less and hard, being both drunk, and outwardly applied; the distilled Water drunk for twenty Days together helpeth Conception, and to retain the Birth; if the Woman do sometimes also sit in a Bath made of a Decoction of the Herb.

Inflammations, Bleeding, Vomiting, Fluxes, Bruises, Ruptures, flagging Breasts, Barrenness, Women with Child.