

The English Physician Enlarged. 27

Government and Vertues.] It is governed by *Jupiter*, and that gives hopes of a wholesome healthful Herb, It is good for the Diseases of the Chest or Breast, for Pains, Stitches in the Sides, and to expel crude and raw Humours from the Belly and Stomach by the sweet savour and warming quality. It dissolveth the inward congealed Blood happening by Falls or Bruises, and the spitting of Blood, if the Roots, either green or dry, be boiled in Wine and drunk; as also all manner of inward Wounds or outward, if they be washed or bathed therewith. The De-

Breast, Stitches, Wind, Belly, Stomach inward Wounds, Obstructions, Cholick, Heart, Cold Brain, Fluxes, Ruptures, Spots and Marks in the Face, Plague, Poyson, Indigestion.

coction also being drunk, comforteth the Heart, and strengtheneth the Stomach and a cold Brain, and therefore is good in the Spring time to open Obstructions of the Liver, and helpeth the Wind Cholick; it also helps those that have Fluxes, or are Bursten, or have a Rupture; it taketh away Spots or Marks in the Face, being washed therewith. The Juice of the fresh Root, or Powder of the dried Root, hath the same effect with the Decoction. The Root in the Spring time steep'd in Wine, doth give it a delicate Savour and Taste, and being drunk fasting every Morning, comforteth the Heart, and is a good Preservative against the Plague, or any other Poyson. It helpeth Digestion, and warmeth a cold Stomach, and openeth Obstructions of the Liver and Spleen.

It is very safe; you need have no Dose prescribed; and is very fit to be kept in every Bodies House.

Balm.

THis Herb is so well known to be an Inhabitant almost in every Garden, that I shall not need to write any Description thereof, although the Vertues thereof, which are many, may not be omitted.

Government and Vertues.] It is an Herb of *Jupiter*, and under *Cancer*, and strengthens Nature much in all its Actions. Let a Syrup made with the Juice of it and Sugar (as you shall be taught at the latter end of the Book) be kept in every Gentlewoman's House, to relieve the weak Stomachs and sick Bodies of their poor sickly Neighbours; as also the Herb kept dry in the House, that so with other convenient

Simple

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Simples you may make it into an Electuary with Honey, according as the Disease is, as you shall be taught at the latter end of my Book. The *Arabian* Physicians have extolled the Vertues thereof to the Skies, although the *Greeks* thought it not worth mentioning. *Serapio* saith,

Mind, Heart Faintings, Swoonings, Melancholly, Indigestion, Obstruction of the Brain, Heart, Arteries, venomous Beasts, mad Dogs, Terms provokes, Tooth-ach, Bloody-Flux, Mushrooms, difficulty of Breathing, Gout, Liver, Spleen.

It causeth the Mind and Heart to become merry and reviveth the Heart, fainting in Swoonings, especially of such who are overtaking in Sleep, and driveth away all troublefome Cares and Thoughts out of the Mind arising from Melancholly or black Choler; which *Avicen* also confirmeth. It is very good to help Digestion, and open Obstructions of the Brain, and hath so much purging Quality in it (saith *Avicen*) as to expel those melancholly Vapours from the Spirits and Blood which are in the Heart and Arteries, although it cannot do so in o-

ther parts of the Body. *Dioscorides* saith, That the Leaves steeped in Wine, and the Wine drunk, and the Leaves externally applied, is a Remedy against the Sting of a Scorpion, and the biting of mad Dogs; and commendeth the Decoct on thereof for Women to bathe or sit in to procure their Courses; it is good to wash aking Teeth therewith and profitable for those that have the Bloody-Flux. The Leaves also with a little Nitre taken in Drink, are good against a Surfeit of Mushrooms, helps the Gripping Pains of the Belly; and being made into an Electuary, it is good for them that cannot fetch their Breath; uted with Salt, it takes away Wens, Kernels or hard Swellings in the Flesh or Throat; it cleanseth foul Sores and easeth Pains of the Gout. It is good for the Liver and Spleen. A Tansie or Caudle made with Eggs, and Juice thereof while it is young, putting to it some Sugar and

Women in Child-bed, Fainting in Travel, Boiles.

Rose-water, is good for a Woman in Child-bed, when the After-birth is not thoroughly avoided, and for their Faintings upon or in their sore Travel. The

Herb bruised and boiled in a little Wine and Oyl, and laid warm on a Boile, will ripen and break it.

Barberry.

THE Shrub is so well known by every Boy and Girl that hath but attained to the Age of seven Years, that it needs no Description.

Government and Vertues.] Mars owns the Shrub, and presents it to the Use of my Country-men to purge their Bodies of Choler. The inner Rind of the Barberry-tree boiled in White-wine, and a quarter of a Pint drunk each Morning, is an excellent Remedy to cleanse the Body of cholerick Humours, and free it from such Diseases as Choler causeth, such be Scabs, Itch, Tettors, Ring-worms, yellow Jaundice, Boiles, &c. It is excellent for hot Agues, Burnings Scaldings, Heat of the Blood, Heat of the Liver, Bloody-flux; for the Berries are as good as the Bark, and more pleasing, they get a Man a good Stomach to his Victuals, by strengthening the attractive Faculty, which is under Mars, as you may see more at large in the latter end of my Ephemeris for the Year 1651: The Hair washed with the Lie made of the Ashes of the Tree and Water, 'twill make it turn yellow, viz. of Mars his own Colour. The Fruit and Rind of the Shrub, the Flowers of Broom and of Heath, or Furs cleanse the Body of Choler by Sympathy, as the Flowers, Leaves and Bark of the Peach-tree do by Antipathy; because these are under Mars, that under Venus.

Choler, Scabs, Itch, Tettors, Ring-worms, yellow Jaundice, Boiles, Agues, Burnings, Scalding, Appetite lost, Hair.

Barley.

THE continual Usefulness hereof hath made all in general so acquainted herewith, that it is altogether needless to describe its several Kinds hereof plentifully growing, being yearly sown in this Land. The Vertues whereof take as followeth.

Government and Vertues.] It is a notable Plant of Saturn; if you view diligently its Effect by Sympathy and Antipathy, you may easily perceive a Reason of them; as also why Barley-bread is so unwholsome for Melancholly People, Barley in all the Parts and Compositions thereof (except Malt) is more cooling than Wheat, and a little cleansing; and all the Preparations thereof, as Barley-water and other things

Fevers, Agues,
Stomach, Apost-
humes, Inflammati-
ons, Spleen.

things made thereof, do give great Nourishment to Persons troubled with Fevers, Agues, and Heats in the Stomach. A Pultis made of Barley-meal or Flower Boiled in Vinegar and Honey, and a few dry Figs put into them, dissolveth all hard Imposthumes, and asswageth Inflammations, being thereto applied. And being boiled with Melilot and Camomile flowers, and some Linleed, Fenugreek and Rue in Powder, and applied warm, it easeith Pains in Side and Stomach, and Windiness of the Spleen. The Meal of Barley and Fleawort boiled in Water, and made into a Pultis with Honey and Oyl of Lillies ap-

Ears, Throat, Neck
King's-Evil, Lepro-
sie, Flux Gout, Itch-
Eyes.

plied warm, cureth Swellings under the Ears, Throat, Neck, and such like; and a Plaister made thereof with Tar, Wax, and Oyl, helpeth the King's Evil in the Throat; boiled with sharp Vinegar into a Pultis, and laid on hot, helpeth the Leprosie; being boiled in red Wine with Pomgranate Rinds, and Mirtles, stayeth the Lask or other Flux of the Belly; boiled with Vinegar and Quince, it easeith the Pains of the Gout, Barley-flower, White Salt, Honey and Vinegar mingled together, taketh away the Itch speedily and certainly. The Water distilled from the green Barley in the end of May, is very good for those that have Defluitions of Humours, fallen into their Eyes, and easeith the Pains being dropped into them; or White Bread steeped therein, and bound on to the Eyes, doth the same.

Garden-Bazil, or Sweet-Bazil.

Descript.] **T**HE greater or ordinary Bazil riseth up usually with one upright Stalk diversly branching forth on all Sides, with two Leaves at every Joynt, which are somewhat broad and round, yet pointed, of a pale green Colour, but fresh, a little snip'd about the Edges, and of a strong heady Scent. The Flowers are small and white, and standing at the Tops of the Branches, with two small Leaves at the Joynts, in some Places green, in others brown, after which come black Seed. The Root perisheth at the approach of Winter, and therefore must be new sown every Year.

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Place.] It only groweth in Gardens.

Time.] It must be sowed late and flowers in the Heart of Summer, being a very tender Plant.

Government and Vertues.] This is the Herb which all Authors are together by the Ears about, and rail at one another (like Lawyers) Galen and Dioscorides hold it not fitting to be taken inwardly; and Chysippus rails at it with down right Billingsgate Rhetorick. Pliny, and the Arabian Physicians defend it.

For mine own part, I presently found that Speech true;

Non nostrum inter nos tantas componere lites.

And away to Dr. Reason went I, who told me it was an Herb of Mars, and under the Scorpion, and perhaps therefore called Basilicon, and then no marvel if it carry a kind of virulent Quality with it. Being applied to the Place bitten by venomous Beasts, or stung by a Wasp, or Hornet, it speedily draws the Poyson to it; Every

*Venomous, Beasts
Bees, Wasps, Hornets.*

like draws his like. Mizaldus affirms, that it being laid to rot in Horse-dung it will breed venomous Beasts. And Hillvius, a French Physician, affirms upon his own Knowledge, That an Acquaintance of his, by common Smelling to it, had a Scorpion bred in his Brain. Something is the matter this Herb and Rue will not grow together, no, nor near one another, and we know Rue is as great an Enemy to Poyson as any grows.

To conclude: It expelleth both Birth and After-birth; and as it helps the Deficiency of Venus in one kind, so it spoils all her Actions in another. I dare write no more of it.

The Bay-tree.

THIS is so well known, that it need no Description; I shall therefore only write the Vertues thereof, which are many.

Government and Vertues.] I shall but only add a Word or two to what my Friend hath written, viz. That it is a Tree of the Sun, and under the Celestial Sign Leo, and resisteth Witchcraft very potently, as also all the Evils old Saturn can do to the Body of Man, and they are not a few; for it is the Speech of one, and I am mistaken if it were not Mizaldus, that neither Witch nor Devil, Thunder nor Lightning

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ning, will hurt a Man in the Place where a Bay-tree is. Gallen said, That the Leaves or Bark do dry and heal very much, and the Berries more than the Leaves. The Bark of the Root is less sharp and hot, but more bitter, and

Stone, Obstructions of the Liver and Spleen, Dropsie, Poyson, Jaundice, Bees, Wasps, Hornets, Terms provokes, eases Delivery After-birth, Cough, Eyes, Lungs, shortness of Breath, Megrin, Wind, Vertigo, Dysury, Motter, Worms, Joints, Nerves, Arteries.

hath some Astringency withal, whereby it is effectual to break the Stone, and good to open Obstructions of the Liver, Spleen, and other inward Parts, which bring the Dropsie, Jaundice, &c. The Berries are very effectual against all Poyson of venomous Creatures, and the Sting of Wasps and Bees; as also against the Pestilence, or other infectious Diseases, and therefore put into sundry Treacles for that Purpose: they likewise procure Womens Courses; and seven of them given to a Woman in fore Travell of Child-birth, do cause a speedy Delivery, and expel the After-birth, and therefore not to be taken by such as have

not gone out their Time, lest they procure Abortment or cause Labour too soon. They wonderfully help all Cold and Rheumatick Distillations from the Brain to the Eyes, Lungs, or other Parts; and being made into an Electuary with Honey, do help the Consumption, old Coughs, Shortness of Breath and thin Rheums; as also the Megrin. They mightily expel the Wind, and provoke Urine; help the Mother, and kill the Worms. The Leaves also work the like Effects. A Bath of the Decoction of the Leaves and Berries, is singular good for Women to sit in, that are troubled with the Mother, or the Diseases thereof, or the Stoppings of their Courses, or for the Diseases of the Bladder, Pains in the Bowels by Wind and Stopping of Urine. A Decoction likewise of equal Parts of Bayberries, Cummin-seed, Hyssop, Origanum, and Euphorbium, with some Honey, and the Head bathed therewith, doth wonderfully help Distillations and Rheums, and setteth the Palate of the Mouth into its Place. The Oyl made of the Berries is very comfortable in all cold Grievs of the Joints, Nerves, Arteries Stomach, Belly, or Womb, and helpeth Palsies, Convulsions, Cramps, Aches, Tremblings and Numbness in any Part, Weariness also, and Pains that come by sore Travelling: All Grievs and Pains

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Pains proceeding from Wind, either in the Head, Stomach, Back, Belly or Womb, by anointing the Parts affected therewith : And Pains in the Ears are also cured by dropping in some of the Oyl, or by receiving into the Ears the warm Fume of the Decoction of the Berries through a Funnel. The Oyl takes away the Marks of the Skin and Flesh by Bruises, Falls, &c. and dissolveth the congealed Blood in them : It helpeth also the Itch, Scabs, and Wheals in the Skin.

Stomach, Belly, Womb, Ears, Marks in the Skin, Itch, Scabs.

Beans.

Both the Garden and Field-Beans are so well known, that it saveth me the Labour of Writing any Description of them. Their Vertues follow.

Government and Vertues. They are Plants of Venus, and the distilled Water of the Flower of Garden-Beans, is good to cleanse the Face and Skin from Spots and Wrinkles, and the Meal or Flower of them, or the small Beans, doth the same. The Water distilled from the green Husks, is held to be very effectual against the Stone, and to provoke Urine. Bean-flower is used in Pultisses to assuage Inflammations rising upon Wounds, and the Swelling of Womens Breasts, caused by the Curdling of their Milk, and represseth their Milk ; The Flower of Beans and Fenugreek mixed with Honey, and applied to Felons, Boils, Bruises, or blue Marks by Blows, or the Imposthumes in the Kernels of the Ears, helpeth them all ; And with Rose Leaves, Frankincense, and the White of an Egg being applied to the Eyes, helpeth them that are swain or do water, or have received any Blow upon them, if used with Wine. If a Bean be parted in two, the Skin being taken away, and laid on the Place where a Leech hath been set, that bleedeth too much, stayeth the Bleeding. Bean-flower boiled to a Pultis with Wine and Vinegar, and some Oyl put thereto, easeth both Pains and Swellings of the Guds. The Husks boiled in Water to the Consumption of a third Part thereof, stayeth a Lask : And the Ashes of the Husks, made up with old Hogs grease, helpeth the old Pains, Contusions

Spots, Stone, Disjury, Inflammations, Womens Breasts, Felons or Andicoms, Boils, Bruises, Ears, Fyes, Leeches, Guds, Swellings, Flux, Pain, Snew, Sciatica, Gout.

tusions, and Wounds of the Sinews, the Sciatica and Gout. The Field Beans have all the afore mentioned Vertues as the Garden-Beans.

Beans eaten are extream windy Meat; but if after the Dutch fashion, when they are half boiled you Husk them, and then stew them (I cannot tell you how, for I never was Cook in all my Life) they are whollome Food.

French Beans

Descript.] **T** His French or Kidney-Bean, ariseth up at first but with one Stalk, which afterwards divided it self into many Arms or Branches, but all so weak that if they be not sustained with Sticks, or Poles, they will be fruitless upon the Ground. At several Places of these Branches grow forth foot Stalks, with every one of them three broad, round and pointed green Leaves at the end of them, towards the top whereof come forth divers Flowers made like unto Pease-blossoms, of the same Colour for the most part that the Fruit will be of; that is to say, white, yellow, red, blackish, or of a deeper purple, but white is most usual; after which come long and slender flat Cods, some crooked, some strait, with a String as it were running down the back thereof, wherein are contained flattish round Fruit made to the fashion of a Kidney; the Root is long, spreadeth with many Strings annexed to it, and perisheth every Year.

There is another sort of French-Beans commonly growing with us in this Land; which is called the Scarlet flowered Bean.

This ariseth up with sundry Branches as the other, but runs up higher, to the length of Hop-poles, about which they grow twining but turning contrary to the Sun, having foot Stalks with three Leaves on each, as on the other; The Flowers also are in fashion like the other; many more set together, and of a most Orient Scarlet Colour. The Beans are larger than the ordinary Kind, of a dead purple Colour turning black when it is ripe and dry; The Root perisheth also in Winter.

Government and Vertues.] These also belong to Dame Venus, and being dried and beat to Powder, are as great strengthener of the Kidnies as any are; neither is there a better Remedy than it, a Dram at a time taken in White-wine, to

prevent the Stone, or to cleanse the Kidnies of Grave or Stoppage. The ordinary French-beans are of an easy Digestion; they move the Belly, provoke

Urine, enlarge the Breast that is streightned with shortness of Breath, engender Sperm, and incite to Venery. And

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And the scarlet coloured Beans, in Regard of the glorious Beauty of their Colour, being set near a Quickset Hedge, will bravely adorn the *A gallant Shew.* fame by climbing up thereon, so that they may be discerned a great Way, not without Admiration of the Beholders at a Distance. But they will go near to kill the Quicksetters by cloathing them in Scarlet.

Ladies Bed-straw.

Besides the common Name above-written, it is called Cheese-Rennet, because it performs the same Office; as also Gallion, Pettinugget, and Maid-Hair; and by some wild Rosemary.

Descript.] *This riseth up with divers small, brown and square upright Stalks a yard high, or more; sometimes Branches forth into divers Parts, full of Joints, and with divers very fine small Leaves, at every one of them little or nothing rough at all: At the Tops of the Branches grow many long Tufts or Branches of yellow Flowers very thick set together, from the several Joints which consist of four Leaves a-piece, which smell somewhat strong but not unpleasant. The Seed is small and black like Poppy-seed, two for the most part joined together: The Root is reddish, with many small Threads fastned unto it, which takes strong hold of the Ground, and creepeth a little; and the Branches leaning a little down to the Ground, take Root at the Joints thereof whereby it is easily encreased.*

There is another sort of Ladies Bed-straw growing frequently in England, which beareth white Flowers as the other doth yellow; but the Branches of this are so weak that unless it be sustained by the Hedges or other things near which it groweth, it will lie down to the Ground; the Leaves a little bigger than the former, and the Flowers not so plentiful as those; and the Root hereof is also threddy and abiding.

Place.] They grow in meadows and Pastures both wet and dry, and by the Hedges.

Time.] They flower in May for the most part, and the Seed is ripe in July and August.

Government and Vertues.] They are both Herbs of Venus, and therefore strengthening the Parts both Internal and External which she rules. The Decoction of the former of those being drunk, is good to fret and break the Stone, provoke Urine, stayeth inward

ing Wounds, Burnings, galled Feet, Weariness, Stiffness of Joints, Scabs, Itch. ward Bleeding, and healeth inward Wounds. The Herb or Flower bruised and put up into the Nostrils, stayeth their Bleeding likewise: The Flowers and Herbs being made into an Oyl, by being set in the Sun and changed after it hath stood ten or twelve Days; or into an Ointment being boiled in *Axungia*, or Sallet Oyl, with some Wax melted therein, after it is strained; either the Oyl made thereof, or the Ointment, do help Burnings with Fire, or Scaldings with Water. The same also, or the Decoction of the Herb and Flower, is good to bathe the Feet of Travellers and Lacquies, whose long Running causeth Weariness and Stiffness in their Sinews and Joints: If the Decoction be used warm, and the Joints afterwards anointed with Ointment, it helpeth the dry Scab and the Itch in Children; and the Herb with the White Flower is also very good for the Sinews, Arteries, and Joints, to comfort and strengthen them after Travel, Cold and Pains.

Beets.

OF Beets there are two Sorts, which are best known generally, and whereof I shall principally treat at this time, viz. The white and red Beets, and their Virtues.

Delcript.] The common white beet hath many great Leaves next the Ground, somewhat large, and of a whitish green Colour: The Stalk is great, strong, and ribbed, bearing great store of Leaves upon it, almost to the very Top of it: the Flowers grow in very long Tufts small at the End, and turning down their Heads, which are small, pale, greenish, yellow Burs, giving cornered prickle Seed. The Root is great, long, and hard, and when it hath given Seed, is of no Use at all.

The common Red Beet differeth not from the White, but only it is lesser, and the Leaves and the Roots and somewhat Red: The Leaves are differently Red, some only withered Stalks or Veins; some of a fresh Red, and others of dark Red. The Root thereof is red, spongy, and not used to be eaten

Government and Vertues.] The Government of these two Sorts of Beets are far different; the Red Beet being under Saturn, and the White under Jupiter; therefore take the Vertues of them apart, each by himself; The

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and is of a cleansing, digesting Quality, and provoketh Urine. The Juice of it openeth Obstructions both of the Liver and Spleen, and is good for the Head-ach and Swimmings therein, and Turnings of the Brain; and is effectual also against all venomous Creatures; and applied unto the Temples, stayeth Inflammations in the Eyes; it helpeth Burnings, being used without Oyl, and with a little Allum put to it; it is good for St. Anthony's Fire. It is good also for all Wheals, Pusshes, Blisters, and Blanes in the Skin: The Herb boiled and laid upon Chilblains or Kibs helpeth them, The Decoction thereof in Water and some Vinegar. healeth the Itch, if bathed therewith, and cleanseth the Head of Dandriff, Scurf, and dry Scabs, and doth much good for fretting and running Sores, Ulcers, and Cankers in the Head, Legs, or other Parts, and is much commended against Baldness, and Shedding of Hair.

fury, Obstructions of the Liver and Spleen, Vertigo, venomous Beasts, Burning, St. Anthony's Fire, Wheals, Blisters, Chilblains, Kibes, Itch, Dandriff, Scabs, Ulcers, Cankers, Baldness.

The Red-Beet is good to stay the Bloody-flux, Womens Courses, and the Whites, and to help the Yellow Jaundice: The Juice of the Root put into the Nostrils, purgeth the Head, helpeth the Noise in the Ears, and the Tooth-ach; the Juice snuffed up the Nose, helps a stinking Breath, if the Cause lies in the Nose, as many times it doth, if any Bruite hath been there; as also want of Smell coming that way.

Flux, Terms, stops Whites, stinking Breath, Noise in the Ears, Smell lost.

Water-Betony.

CALLED also *Broom-Wort*, and in *Yorkshire*, *Bishops-Leaves*.

Descript.] First of the Water-Betony, which riseth up with square, hard, greenish Stalks, sometimes brown, set with broad dark green Leaves dented about the Edges with Notches somewhat resembling the Leaves of the Wood-Betony, but much larger, two for the most part set at a Joint. The Flowers are many, set at the Tops of the Stalks and Branches, being round bellied and open at the Brims, and divided into two Parts, the uppermost being like a Hood, and the lowermost like a Lip hanging down, of a dark red Colour

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Colour; which passing away, there comes in their Places small round Heads, with small Points at the Ends, wherein lie small and brownish Seeds: The Root is a thick Bush of Strings and Shreds growing from the Head.

Place.] It groweth by the Ditches-side, Brooks, and other Water-courses, generally through this Land, and is seldom found far from the Water side.

Time.] It flowereth about July, and the Seed is ripe in August.

Government and Vertues.] Water-Betony is an Herb of Jupiter in Cancer, and is appropriated more to Wounds and Hurts in the Breast than Wood-Betony, which follows: It is an excellent Remedy for sick Hogs. It is of a cleansing Quality: The Leaves bruised and applied are effectual

Ulcers.

Bruises.

The distilled Water of the Leaves is used for the same Purposes; as also to bathe the Face and

Sun burning.

I confess I do not much fancy distilled Waters, I mean such Waters as are distilled cold; some Vertues of the Herb they may happily have, (it were a strange thing else;) but this I am confident of, that being distilled in a Pewter Still, as the vulgar and apish Fashion is, both Chymical Oyl and Salt is left behind, unless you burn them, and then all is spoiled, Water and all, which was good for as little as can be by such a Distillation. You have the best way of Distillation in my *Translation of the London Dispensatory.*

Wood-Betony.

Descrip.] **C**ommon or Wood-Betony hath many Leaves rising from the Root, which are somewhat broad and round at the End, roundly dented about the Edges, standing upon long Foot stalks, from among which arise up small, square, slender, but

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yet upright hairy Stalks, with some Leaves thereon, two a piece at the Joints, smaller than the lower, whereon are set several spiked Heads of Flowers like Lavender, but thicker and shorter for the most part, and of a redish or purple Colour, spotted with white Spots both in the upper and lower Part. The Seeds being contained within the Husks that holds the Flowers, are blackish, somewhat long and uneven. The Roots are many white thready Strings; the Stalk perisbeth, but the Roots, with some Leaves thereon, abide all the Winter. The whole Plant is something small.

Place.] It groweth frequently in Woods, and delighteth in shady Places.

Time.] And it floweth in July; after which the Seed is quickly ripe, yet in its prime in May.

Government and Virtues.] The Herb is appropriated to the Planet Jupiter and the Sign Aries. *Antonius Musa*, Physician to the Emperor *Augustus Casar*, wrote a peculiar Book of the Vertues of this Herb; and amongst other Vertues, saith of it, That it preserveth the Liver and Bodjes of Men from the Danger or Epidemical Diseases, and from Witchcrafts also; it is found by daily Experience to be good for many Diseases; it helpeth those that Loath, or cannot Digest their Meat, those that have weak Stomachs, or sour Belchings, or continual Rising in their Stomachs, using it familiarly either green or dry; either the Herb or Root, or the Flowers in Broth Drink or Meat, or made into Conserve, Syrup, Water, Electuary or Powder, as every one may best frame themselves unto, or as the Time or Season requireth; taken any of the aforesaid ways, it helpeth the Jaundice, Falling-sickness, the Palsie, Convulsions or shrinking of the Sinews, the Gout, and those that are inclined to Droppie, those that have continual Pains in their Heads, altho' it turn to Phrensie. The Powder mixed with pure Honey, is no less available for all sorts of Coughs or Colds, Whee-

Epidemical Diseases, Witchcraft, Appetite, Indigestion, Stomach, Belching, Jaundice, Falling-sickness, Palsie, Convulsion, shrinking of the Sinews, Gout, Droppie, Phrensie, Cough, Colds, Shortness of Breath, Agues, for all sorts of Eyes, Worms, Obstructions of the Liver and Spleen, Stitches, Pains in the Back and Belly, Terms provokes, Mother, Childbirth, Stone, Tooth-ach, venomous Beasts, mad Dogs, Weariness, Bleeding at the Mouth and Nose, Pissing and Spitting of

Blood, Rupture, Bruises, Wounds, Veins and Sinews, old Ulcers, Fistulaes, Boiles Ears.

ing or Shortness of Breath Distillations of thin Rheum upon the Lungs, which causeth Consumptions. The Decoction made with Mead, and a little Penny-royal, is good for those that are troubled with putrid Agues, whether Quotidian, Tertian, or Quartan, and to draw down and evacuate the Blood and Humours, that by falling into the Eyes, do hinder the Sight: The Decoction thereof made in Wine, and taken, killeth the Worms in the Belly, openeth Obstructions both of the Spleen and Liver; cureth Stitches, and the Pains in the Back or Sides, the Torments and griping Pains of the Bowels, and the Wind Cholick; and mix'd with Honey purgeth the Belly, helpeth to bring down Womens Courses; and is of special Use for those that are troubled with the falling down of the Mother, and Pains thereof, and causeth an easie and speedy Delivery of Women in Child-birth; It helpeth also to break and expel the Stone, either in the Bladder or Kidneys. The Decoction with Wine gargled in the Mouth, easeth the Tooth-ach. It is commended against the Stinging or Biting of venomous Serpents, or mad Dogs, being used inwardly, and applied outwardly to the Place. A Dram of the Powder of Betony, taken with a little Honey in some Vinegar, doth wonderfully refresh those that are over-wearied by Travel: It stayeth Bleeding at the Mouth or Nose, and helpeth those that Piss or Spit Blood, and those that are Bursen, or have a Rupture, and is good for such as are bruised by any Fall, or otherwise. The green Herb bruised, or the Juice applied to any inward Hurt, or outward green Wound in the Head or Body, will quickly heal and close it up; as also any Veins or Sinews that are cut; and will draw forth any broken Bone or Splinter, Thorn, or other things gotten into the Flesh. It is no less profitable for old Sores or filthy Ulcers; yea, though they be fistulous and hollow: But some do advise to put a little Salt to this Purpose, being applied with a little Hogs-Lard. It helpeth a Plague Sore, and other Boils and Pusches: The Fumes of the Decoction while it is warm, received by a Funnel into the Ears, easeth the Pains of them, destroyeth the Worms, and cureth the running Sores in them. The Juice dropped into them, doth the same, The Root of

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Betony is displeasing both to the Taste and Stomach; (whereas the Leaves and Flowers, by their sweet and spicy Taste, are comfortable both in Meat and Medicine.

These are some of the many Vertues *Antony Muse*, an expert Physician (for it was not the Practice of *Octavius Caesar* to keep Fools about him) appropriates to Betony, it is a very precious Herb, that is certain. and most fitting to be kept in a Man's House, both in Syrup, Conserve, Oyl, Ointment and Plaister. The Flowers are usually Conserved.

The Beach-tree.

IN treating of this tree, you must understand that I mean the great Mast-Beech; which is by way of Distinction from that other small rough sort, called in *Suffex* the smaller Beech, but in *Essex* Horn-beam.

I suppose it is needless to describe it, being already too well known to my Countrymen.

Place.] It groweth in Woods amongst Oaks and other Trees and in Parks, Forests and Chases to feed Deer; and in other Places to fatten Swine.

Time.] It bloometh in the End of *April*, or Beginning of *May*, for the most Part, and the Fruit is ripe in *September*.

Government and Vertues.] It is a Plant of *Saturn*, and therefore performs his Qualities and Properties in these Operations: The Leaves of the Beech-tree, are Cooling and Binding, and therefore good to be applied to hot Swellings to discuss them: The Nuts do much nourish such Breasts as feed thereon. The Water that is found in the hollow Places of decaying Beeches, will cure both Man and Beast of any Scurf, Scab, or running Tetter, if they be washed therewith, you may boil the Leaves into a Pultis, or make an Ointment of them, when time of Year serves.

Cools, Binds, hot Swellings, Scurf, Scabs, Tetter.

Bilberries, called by some *Whorts* and *Whortle. Berries*.

Descript. OF these I shall only speak of two sorts which are commonly in England, viz. The Black and Red Bilberries. And first of the Black,

The small Bush creepeth a long upon the Ground scarce rising half a Yard high, with divers small dark green Leaves set out

the green Branches, not always one against the other, and a little dented about the Edges: At the Foot of the Leaves come forth small, hollow, pale, bluish-coloured Flowers, the Brims ending in five Points, with a reddish Thread in the Middle, which pass into small round Berries of the Bigness and Colour of Juniper Berries, but of a purple, sweetish, sharp Taste; the Juice of them giveth a purplish Colour in their Hands and Lips that eat and handle them, especially if they break them. The Root groweth aslope under Ground, shooting forth in sundry Places as it creepeth. This loseth its Leaves in Winter.

The Red Bilberries or Whortle-Bush, riseth up like the former, having sundry hard Leaves, like the Box-tree Leaves, green and round pointed, standing on the several Branches at the Top whereof only, and not from the Sides, as in the former, come forth divers round Flowers, of a pale red Colour; after which succeed round, reddish, sappy Berries, when they are ripe of a sharp Taste. The Root runneth in the Ground, as in the former, but the Leaves of this abide all the Winter.

Place.] The first groweth in Forrests, on the Heaths, and such like barren Places: The Red grows in the North Parts of this Land, as Lancashire, Yorkshire, &c.

Time.] They Flower in March and April, and the Fruits of the Black is ripe in June and July.

Government and Vertues.] They are under the Dominion of Jupiter. It is a pity they are used no more in Physick than they are. The Black Bilberries are good in hot Agues, and to cool the Heat of the Liver and Stomach; they do somewhat bind the Belly, and stay Vomittings and Loathings; the Juice of the Berries made in a Syrup, or the Pulp made into a Conserve with Sugar, it is good for the Purposes aforesaid, as also for an old Cough, or an Ulcer in the Lungs, or other Diseases therein. The Red Whorts are more Binding, and stop Womens Courses, Spitting of Blood, or any other Flux of Blood or Humours, being used as well outwardly as inwardly.

Boisfoyl, or Twablade.

Descript.] **T**HIS small Herb, from a Root somewhat sweet, shooting downwards many long Strings, riseth up a round green Stalk, bare or naked next the Ground for an Inch, two or three, to the Middle thereof, as it is in Age or Growth

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Growth; as also from the middle upward to the Flowers, having only two broad Plantane like Leaves (but whiter) set at the middle of the Stalk one against another, compasseth it round at the bottom of them.

Place.] It is an usual Inhabitant in Woods, Copfes and in many other Places in this Land.

There is another sort groweth in wet Grounds and Marshes, which is somewhat different from the former: It is a smaller Plant, and greener, having sometimes three Leaves; The Spike of the Flowers is less than the former, and the Roots of this do run or creep in the Ground.

They are much and often used by many to good purpose for Wounds, *Wounds, Ruptures,* both green and old, and to consolidate or knit Ruptures; and well it may, being a Plant of Saturn.

The Birch-Tree.

Descript.] **T**his groweth a goodly tall straight Tree, fraught with many Boughs, and slender Branches bending downward; the old being covered with a discoloured chapped Bark, and the younger being browner by much: The Leaves at the first breaking out are crumpled, and afterwards like the Beech Leaves, but smaller and greener, and dented about the Edges. It beareth small short Catskins, somewhat like those of the Hazel Nut-tree, which abide on the Branches a long time, until growing ripe, they fall on the Ground, and their Seed with them.

Place.] It usually groweth in Woods.

Government and Vertues] It is a Tree of Venus; the Juice of the Leaves, while they are young, or the distilled Water of them, or the Water that comes from the Tree being boared with an Auger, and distilled afterwards; any of these being drunk for some Days together, is available to break the Stone in the Kidney and Bladder, and is good also to wash *Stone. Sore Mouths.* Sore Mouths.

Birds-foot.

THIS small Herb groweth not above a Span high, with many Branches spread upon the Ground, set with many Wings of small Leaves. The Flowers grow upon the Branches, many small ones of a pale yellow Colour being set a head together, which afterwards turned into small jointed

jointed Cods, well resembling the Claws of small Birds, whence it took its Name.

There is another sort of Birds-foot in all Things like the former, but a little larger: The Flower of a pale whitish red Colour, and the Cods distinct by Joints like the other, but a little more crooked; and the Roots do carry many small white Knots or Kernels amongst the Strings.

Place.] These grows on Heaths, and many open untilled Places of this Land.

Time] They Flower and Seed in the end of Summer.

Government and Vertues.] They belong to *Saturn*, and are of a drying binding Quality, and thereby very good to be

Dry, Bind, Wounds, Stone, Rupture. used in Wound-drinks; as also to apply outwardly for the same Purpose.

But the latter Birds-foot is found by experience to break the Stones in the Back or Kidneys, and drive them forth, if the Decoction thereof be taken; and it wonderfully helpeth the Rupture, being taken inwardly, and outwardly applied to the Place.

All Salts have best Operation upon the Stone, as Ointments and Plaisters have upon Wounds; and therefore you may make a Salt of this for the Stone; the way how to do so, may be found in my Translation of the *London Dispensatory*; and it may be I may give you again in plainer Terms, at the latter end of this Book.

Bishops-Weeds.

BESIDES the common Name *Bishops-weed*, it's usually known by the Greek name *Anmi* and *Anmios*; some call it *Aethiopian Cummin-Seed*, and others *Cummin-Royal* as also *Herb-William*, and *Bull-Wort*.

Descript.] Common Bishops-weed riseth up with a round straight Stalk, sometimes as high as a Man, but usually three or four Foot high, beset with divers small, long, and somewhat broad Leaves, cut in some places, and dented about the Edges growing one against another, of a dark green Colour, having sundry Branches on them, and at the top small Umbles of white Flowers, which turn into small brown Seeds little bigger than Parsley-Seed, of a quick hot Scent and Taste: The Root is white and stringy, perishing yearly after it hath Seeded, and usually riseth again of its own Sowing.

Place] It groweth Wild in many Places in England and Wales, as between Green-beath and Gravesend.

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Government and Vertues.] It is hot and dry in the third Degree of a bitter Taste, and somewhat sharp withal ; it provokes Lust to purpose : I suppose Venus owns it. It digesteth Humours, provoketh Urine and Womens Courses, dissolveth Wind, and being taken in Wine it easeth pain and griping in the Bowels, and is good against the biting of Serpents ; it is used to good effect in those Medicines which are given to hinder the poisonous Operation of *Cantharides* upon the Passage of the Urine ; being mixed with Honey and applied to black and blue Marks, coming of Blows or Bruises, it takes them away ; and being drunk or outwardly applied, it abateth an high Colour, and makes it pale ; and the Fumes thereof taken with *Rosin* or *Raisins*, cleanseth the Mother.

Disury, Terms provoked, Wind-Cholick, Venomous Beasts, Cantharides, black and blue Spots, high Colour, Mother.

Bistort, or Snakeweed.

It is called *Snakeweed, English Serpentry, Dragon-wort, Osterick, and Passions.*

Descript.] This hath a thick short knobbed Root, blackish without, and somewhat reddish within, a little crooked or turned together, of a harsh astringent Taste, with divers black Threads hanging there, from whence spring up every Year divers Leaves standing upon long foot Stalks being somewhat broad and long like a Dock-Leaf, and a little pointed at the Ends, but that it is of a blueish green Colour on the upper Side, and of an Ash-colour gray and a little purplish underneath, with divers Veins therein, from among which rise up divers small and slender Stalks two Foot high, and almost naked and without Leaves, or with very few, and narrow, bearing a spikey bush of pale coloured Flowers ; which being past, there abideth small Seed, somewhat like unto Sorrel Seed, but greater.

There are other sorts of *Bistort* growing in this Land, but smaller, both in Height, Root and Stalks, and especially in the Leaves. The Root blackish without, and somewhat whitish within ; of an austere binding Taste as the former.

Place.] They grow in shadowy moist Woods, and at the Foot of the Hills, but are chiefly nourished up in Gardens. The narrow Leaved *Bistort* groweth in the North, in *Lancashire, Yorkshire, and Cumberland.*

Time.] They flower about the End of *May*, and the Seed is ripe about the Beginning of *July.*

Government and Vertues. It belongs to *Saturn*, and is in Operation Cold and Dry; both the Leaves and Roots have a powerful Faculty to resist all Poyson. The Root in Powder taken in Drink, expelleth the Venom of the Plague, the Small-pox, Measles, Purples, or any other infectious Disease, driving it out by Sweating. The Root in Powder, the Decoction thereof in Wine being drunk, stayeth all manner of inward Bleeding or Spitting of Blood, and any Fluxes in the Body of either Man or Woman, or Vomiting. It is also very available against Ruptures, or Burstings, or all Bruises of Falls, dissolving the congealed Blood, and easing the Pains that happen thereupon; it also helpeth the Jaundices.

Poyson, Plague, Small-Pox, Measles, Purples, Epidemical Diseases, inward Bleeding, Flux, Vomiting, Ruptures, Jaundice, Venomous Beests, Ulcers, Abortion, Worms, Diabetes, Running of the Reins, Wounds, Bleeding, Matrix, Terms stops, Tooth-ach, Head, Cankers, Gums, Inflammations, Almonds of the Ears.

The Water distilled from both Leaves and Roots, is a singular Remedy to wash any Place bitten or stung by any venomous Creature; as also for any of the Purposes before spoken of, and is very good to wash any running Sores or Ulcers. The Decoction of the Root in Wine being drunk, hindreth Abortion or Miscarriage in Child-bearing. The Leaves also kill the Worms in Children, and is a great Help to them that cannot keep their Water; if the Juice of Plantane be added thereto, and outwardly applied, much helpeth the Gonorrhoea, or running of the Reins. A Dram of the Powder of the Root taken in Water thereof, where-in some red hot Iron or Steel hath been quenched, is also an admirable help thereto, so as the Body be first prepared and purged from the offensive Humours. The Leaves, Seed, or Roots, are all very good in Decoctions, Drinks or Lotions, for inward or outward Wounds, or other Sores. And the Powder strewed upon any Cut or Wound in a Vein, stayeth the immoderate Bleeding thereof. The Decoction of the Root in Water, whereupon some Pomgranate Pills and Flowers are added, injected into the Matrix, stayeth the access of Humours to the Ulcers thereof, and bringeth it to its right Place, being fallen down, and stayeth the immoderate Flux of the Courses. The Root thereof with Pellitory of Spain, and burnt Allum, of each a little

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Quantity, beaten small and made into Paste, with some Honey, and a little Piece thereof put into an hollow Tooth, or held between the Teeth, if there be no Hollownets in them stayeth the Defluction of Rheum upon them, which causeth Pains, and helps to cleanse the Head, and void much offensive Water. The distilled Water is very effectual to wash Sores or Cankers in the Nose, or any other Part; if the Powder of the Root be applied thereunto afterwards. It is good also to fasten the Gums, and to take away the Heat and Inflammations that happen in the Jaws, Almonds of the Throat, or Mouth, if the Decoction of the Leaves, Roots, or Seeds used, or the Juice of them; but the Roots are most effectual to the Purposes aforesaid.

One-Blade.

Descript.] **T**HIS small Plant never beareth more than one Leaf, but only when it riseth up with its Stalk, which thereon beareth another, and seldom more, which are of a blueish green Colour broad at the Bottom, and pointed with many Ribs or Veins like Plantane; At the Top of the Stalk grow many small Flowers Star fashion, smelling something sweet; after which come small reddish Berries when they are ripe: The Root small, of the Bigness of a Rush, lying and creeping under the upper Crust of the Earth, shooting forth in divers Places.

Place.] It grows in moist, shadowy, grassy Places of Woods, in many Places of this Realm.

Time.] It flowereth about May, and the Berries be ripe in June, and then quickly perisheth, until the next Year it springeth from the same again.

Government and Vertues.] It is an Herb of the Sun, and therefore Cordial; half a Dram, or a Dram at most of the Roots hereof, in Powder, taken in Wine and Vinegar, of each a like Quantity, and the Party presently laid to sweat, is held to be a lovereign Remedy for those that are infected with the Plague and have a Sore upon them, by expelling the Poyson and defend. *Pestilence, Wounds,* ing the Heart and Spirits from dan- *Nerves, Sinews,* ger. It is also accounted a sin- *Hurts.* gular good Wound Herb, and therefore used with other Herbs in making such Balsams as are necessary for the Curing of Wounds, either green

or old, and especially if the Nerves or Sinews be hurt.

The Bramble, or Black-Berry-Bush.

IT is so well known, that it needeth no Description. The Vertues thereof are as followeth.

Government and Vertues.] It is a Plant of *Venus* and *Aries*. You shall have some Directions at the latter End of the Book for the gathering of all Herbs and Plants, &c. If any ask the Reason why *Venus* is so prickly? Tell them, 'tis because she is in the House of *Mars*. The Buds, Leaves, and

Ulcers, Sores, Quinsies, Wounds, Flux, Bloody flux, Spitting Blood, Gravel, Stone, Secrets, Terms splot, Poyson, Venomous Beasts.

Branches, while they are green, are of a good Use in the Ulcers and putrid Sores of the Mouth and Throat, and for the Quinsie, and likewise to heal other fresh Wounds and Sores; but the Flowers and Fruit unripe are very binding and so profitable for the Bloody-flux, Lasks, and are a fit Remedy for Spitting of Blood. Either the Decoction or

Powder of the Root being taken, is good to break or drive forth Gravel, and the Stone in the Reins and Kidneys. The Leaves and Brambles as well green as dry, are excellent good Lotions for Sores in the Mouth, or Secret Parts. The Decoction of them, and of the dry'd Branches, do much bind the Belly, and are good for too much flowing of Womens Courses; the Berries of the Flowers are a powerful Remedy against the Poyson of the most Venomous Serpents; as well

Fundament, Piles, Fevers, Head, Eyes Itch, Scabby Heads.

drunk as outwardly applied, helpeth the Sores of the Fundament, and the Piles. the Juice of the Berries mixed with the Juice of Mulberries, do bind more effectually, and help fretting and eating

Sores and Ulcers whereloever. The distilled Water of the Branches, Leaves and Flowers, or of the Fruit, is very pleasant in Taste, and very effectual in Fevers, and hot Distempers of the Body, Head, Eyes, and other Parts, and for all the Purposes aforesaid. The Leaves boiled in Lie, and the Head washed therewith, healeth the Itch, and the running Sores thereof, and maketh the Hair black. The Powder of the Leaves strowed on Cankers and running Ulcers, wonderfully helps to heal them. Some ute to condense the Juice of the Leaves, and some the Juice of the

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the Berries, to keep for their Use all the Year, for the Purposes aforeſaid.

Blites.

Descript.] **O**F these there are two Sorts commonly known, viz. *White* and *Red*. The *White* hath Leaves somewhat like unto *Beets*, but smaller, rounder, and of a whitish green Colour, every one standing upon a small long Foot-stalk; the Stalk riseth up two or three Foot high, with such like Leaves thereon; the Flowers grow at the top in long round Tufts or Clusters, wherein are contained small and round Seeds; the Root is very full of Threads or Strings.

The *Red Blite* is in all things like the *White*, but that his Leaves and tufted Heads are exceeding red at first and after turn more purplish.

There are other Kind of *Blites* which grow wild differing from the two former Sorts but little, but only the wild are smaller in every part.

Place.] They grow in Gardens, and wild in many Places in this Land.

Time.] They Seed in *August* and *September*.

Government and Vertues.] They are all of them cooling, drying, and binding, serving to restrain the Fluxes of Blood in either Man or Woman especially the *Red*; which also stayeth the over-flow. *Reds and Whites* in
ing of Womens *Reds*, as the *White Women*.

Blites stayeth the *Whites* in Women: It is an excellent Secret; you cannot well fail in the Use: They are all under the Dominion of *Venus*.

There is another Sort of wild *Blites* like the other wild Kinds, but have long and spike Heads of greenish Seeds, seeming by the thick setting together to be all Seed.

This Sort the Fishes are delighted with, and it is a good and usual Bait; for Fishes will bite fast enough at them, if you have but wit enough to catch them when they bite.

Borrage and Buglofs.

TH E S E are so well known to the Inhabitants in every Garden, that I hold it needless to describe them.

To these I may add a third Sort, which is not so common, nor yet so well known, and therefore I shall give you its Name and Description.

It is called *Langue de Beef*; but why then should they call one Herb by the Name *Buglofs*, and another by the Name *Langue de Beef*; it's some Question to me, seeing one signifies *Ox-Tongue* in Greek, and the other signifies the same in French.

Descript.] The Leaves whereof are smaller than those of Buglofs, but much rougher; the Stalks arising up about a Foot and an Half high, and is most commonly of a red Colour; the Flowers stand in scaly rough Heads, being composed of many small yellow Flowers, not much unlike to those of Dandelyon, and the Seed flyeth away in Down, as that doth; you may easily know the Flowers by their Taste, for they are very bitter.

Place.] It groweth wild in many Places of this Land, and may be plentifully found near London, as between Rotherhithe and Deptford, by the Ditch-sides. Its Virtues are held to be the same with Borrage and Buglofs, only this is somewhat hotter.

Time.] They flower in June and July, and the Seed is ripe shortly after.

Government and Vertues.] They are all three Herbs of Jupiter, and under Leo, all great Cordials, great strengtheners of Nature. They are very cordial. The Leaves and Roots are to very good Purpose used in Fevers, Pestilence, putrid and pestilential Fevers, to defend the Heart, and help to resist and expel the Poyson, or the Venom of other Beasts, Milk in Creatures; the Seed is of the like effects; Nurses, melancholy, and the Seed and Leaves are good to increase Milk in Womens Breasts; the ill Blood, Yellow Leaves, Flowers, and Seed, all or any Faundice, Itch, Ring Worms, Tetters, Scabs, Weakness by long Sickness, Consumption Swooning, Inflammations, The Juice made into a Syrup, prevail-

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eth much to all the Purposes aforesaid, *Ulcers, sore Mouth* and it put with other cooling, o- *and Throat, Cough,* pening and cleansing Herbs to open *Flegm.*

Obstructions, and help the Yellow Jaundice, and mixed with Fumitory, to cool cleanse and temper the Blood thereby; it helpeth the Itch, Ring-worms and Tetter, or other spreading Scabs or Sores. The Flowers candied or made into a Conserve, are helping in the former Causes, but are chiefly used as a Cordial, and are good for those that are weak in long Sickness, and to comfort the Heart and Spirits of those that are in a Consumption, or troubled with often Swoonings, or Passions of the Heart: The distilled Water is no less effectual to all the Purposes aforesaid, and helpeth the Redness and Inflammations of the Eyes, being washed therewith, the dried Herb is never used but the green; yet the Ashes thereof boiled in Mead or honied Water, is available against the Inflammation and Ulcers in the Mouth or Throat to wash and gargle it therewith, the Roots of Bugloss are effectual, being made into a licking Electuary for the Cough, and to condense thick Flegm, and the Rheumatick distillations upon the Lungs.

Blue Bottle.

It is called *Syanus*, I suppose from the Colour of it; *Hurt-sicle* because it turns the Edge of the Sickles that reap the Corn; *Blue-blow, Corn-flower,* and *Blue Bottle.*

Descrip.] I shall only describe that which is commonest, and in my Opinion most useful; its Leaves spread upon the Ground, being of a whitish green Colour, somewhat on the Edges like those of Corn scabious, amongst which riseth up a Stalk divided into divers Branches, beset with long Leaves of a greenish Colour, either but very little indented, or not at all; the Flowers are of a blue Colour, from whence it took its Name, consisting of an innumerable Company of small Flowers, set in a scaly Head not much unlike those of Knap-weed: The Seed is smooth, bright and shining, wrapped up in a woolly Mantle: The Root perisheth every Year.

Place.] They grow in Corn-fields, amongst all sorts of Corn, (Pease, Beans, and Tares excepted) if you please to take them up from thence, and transplant them in your Garden, especially towards the Full of the Moon, they will grow more double than they are, and many times change Colour.

Time.] They flower from the Beginning of May, to the End of Harvest.

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Government and Vertues.] As they are naturally cold, dry, and binding, they are so under the Dominion of *Saturn*, the Powder or dried Leaves of the *Blue-bottle* or *Corn-flower*, is

given with good Success to those that are bruised by a Fall, or have broken a Vein inwardly, and void much Blood at the Mouth; being taken in the Water of *Plantane*, *Horsetail*, or the greater *Comfry*, it is a Remedy against the Poyson of the *Scorpion*, and resisteth all Venoms and Poyson. The Seed or Leaves

taken in Wine is very good against the *Plague*, and all Infectious Diseases, and is very good in *Pestilential Fevers*. The Juice put into fresh or green Wounds, doth quickly solder up the Lips of them together, and is very effectual to heal all Ulcers and Sores in the Mouth. The Juice dropped into the Eyes, takes away the Heat and Inflammation of them. The distilled Water of this Herb, hath the same Properties, and may be used for the effects aforesaid.

Brank Ursine.

Besides the common Name *Brank Ursine*, it is also called *Bears-breech*, and *Acanthus*, tho' I think our *English* Names to be more proper; for the *Greek* Word *Acanthos*, signifies any *Thistle* whatsoever.

Descript.] This *Thistle* shooteth forth very many large, thick, sad green, smooth Leaves upon the Ground, with a very thick and juicy middle Rib; the Leaves are parted with sundry deep gashes on the Edges, the Leaves remain a long time before any Stalk appears, afterwards riseth up a reasonable big Stalk, three or four Foot high, and bravely deckt with Flowers from the middle of the Stalk upwards; for on the lower part of the Stalk there is neither Branch nor Leaf: The Flowers are hooded and gaping, being white in Colour, and standing in brownish Husks, with a long small undivided Leaf under each Leaf; they seldom Seed in our Country. Its Roots are many, great and thick, blackish without, and whitish within, full of a clammy Sap; a piece of them, if you set in the Garden, and defend them from the first Winters cold will grow and flourish.

Place.] They are only nursed up in Gardens in England where they will grow very well.

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Time.] It flowereth in June and July.

Government and Vertues.] It is an excellent Plant under the Dominion of the Moon; I cold wish such as are studious, would labour to keep it in their Gardens. The Leaves being boiled and used in Glysters, are excellent good to mollify the Belly, and make the Passages slippery. The Decoction drunk inwardly, is excellent good for the Bloody-flux. The Leaves being bruised and rather boiled and applied like a Pultis, are exceeding good to unite broken Bones, and strengthen Joints that have been put out. The Decoction of either Leaves or Roots being drunk, and the Decoction of Leaves applied to the Place, is excellent good for the King's-evil that is broken and runneth; for by the Influence of the Moon, it reviveth the Ends of the Veins which are relaxed: There is scarce a better Remedy to be applied to such places as are burnt with Fire than this is, for it fetches out the Fire and heals it without a Scar. This is an excellent Remedy for such as are Bursten, being either taken inwardly, or applied to the Place. In like manner used, it helps the Cramp and the Gout. It is excellent good in Hestick Fevers, and restores Radical Moisture to such as are in Consumptions.

Bloody-flux, Fractures, Dislocations, King's evil, Burnings, Ruptures, Cramp, Gout, Dysury, Hestick Fever, Radical Moisture.

Briony, or Wild Vine.

It is called Wild, and Wood Vine, Tamus or Ladies Seal. The white is called White Vine by some; and the black, Black Vine

Descript.] The common White Briony groweth ramping upon the Hedges sending forth many long, rough, very tender Branches at the beginning, with many very rough broad Leaves thereon, cut (for the most part) into five Partitions, into form very like a Vine Leaf, but smaller, rough, and of a whitish or hoary green Colour, spreading very far. Spreading and twining with his small Claspers (that come forth at the Joints with the Leaves) very far on whatsoever standeth next to it. At the several Joints also (especially towards the top of the Branches) cometh forth along Stalk bearing many whitish Flowers together, on a long Tuft, consisting of five small Leaves apiece, laid open like a Star, after which come the Berries separated one from another, more than

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a Cluster of Grapes, green at the first, and very red when they are thorough ripe, of no good Scent, but of a most loathsome Taste, provoking Vomit. The Root groweth to be exceeding great, with many long Twines or Branches growing from it, of a pale whitish Colour on the outside, and more white within, and of a sharp bitter, loathsome Taste.

Place.] It groweth on Banks, or under Hedges, throughout this Land; the Roots lie very deep.

Time.] It flowereth in July and August, some earlier, and some later than the other.

Government and Vertues.] They are furious Martial Planets; The Root of Briony purges the Belly, with great Violence, troubling the Stomach and burning the Liver, and therefore not rashly to be taken; but being corrected, is very profitable for the Diseases of the Head,

Falling sickness, Vertigo, Flegm, Palsies, Convulsion, Cramps, Stitches, Dropsies, Gravel, Stone, Obstructions Womb, Mother dead Child, After birth, Cough, shortness of Breath, Sores, Cankers, Gangreens, Tetter, Ring-Worms, black Spots, Freckles, Morphew, Leprosie, broken Bones, Splinters, Thorn, Whitlows, or Nail Wheals, or Andicoms.

as Falling-sickness, Giddiness, and Swim-mings, by drawing away much Flegm and Rheumatick Humours that oppress the Head, as also the Joints and Sinews; and is therefore good for Palsies, Convulsions, Cramps and Stitches in the Sides, and the Dropsie, and in provoking Urine, it cleanseth the Reins and Kidneys from Gravel and Stone, by opening the Obstructions of the Spleen, and consumeth the hardness and swelling thereof. The Decoction of the Root in Wine drunk once a Week at going to Bed, cleanseth the Mother, and helpeth the rising thereof, expelleth the dead Child for fear of Abortion; a Dram of the Root in Powder taken in White-wine bringeth down their Courses. An Electuary made of the Roots and Honey, doth mightily cleanse the Chest of rotten Flegm, and wonderfully help an old strong Cough, those that are troubled with shortness of Breath, and is very good for them that are bruised inwardly, to help to expel the clotted or congealed Blood. The Leaves, Fruit and Root, do cleanse old and filthy Sores, are good against all fretting and running Cankers, Gangreens and Tetter, and therefore the Berries are by some Country

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People called Tetter-berries. The Root cleanseth the Skin wonderfully from all black and blue Spots, Freckles, Morpew, Leprosie, foul Scars, or other Deformity whatsoever. As also all running Scabs and Manginess are healed by the Powder of the dried Root, or the Juice thereof, but especially by the fine white hardned Juice. The distilled Water of the Root, worketh the same Effects, but more weakly, the Root bruised and applied of it self to any Place where the Bones are broken, helpeth to draw them forth, as also Splinters and Thorns in the Flesh; and being applied with a little Wine mixed therewith, it breaketh Boiles and helpeth Whitlows on the Joints.

For all these latter, beginning at Sores, Cankers, &c. apply it outwardly, and take my Advice along with you: You shall find in my *Translation of the London Dispensatory*, among the Preparations at the latter End, a Medicine called *Facula Brionia*; take that and use it, you have the way there how to make it, and mix it with a little Hogs-grease, or other convenient Ointment, and use it at your Need.

As for the former Diseases, where it must be taken inwardly, it purgeth very violently, and needs an abler Hand to correct it than most Country People have, therefore it is a better Way for them in my Opinion, to let the Simple alone, and take the compound Water of it mentioned in my *Dispensatory*, and that it is far more safe, being wisely corrected.

Brook-lime, or Water-pimpernel.

Descript.] **T**HIS sendeth forth, from a creeping Root that shooteth forth Strings at every Joint as it runneth divers and sundry green Stalks, round and sappy, with some Branches on them, somewhat broad, round, deep, green, and thick Leaves set by Couples thereon; from the bosom whereof shoot forth long Foot Stalks, with sundry small blue Flowers on them, that consist of five small round pointed Leaves apiece.

There is another sort nothing differing from the former, but that it is greater, and the Flowers of a paler green Colour.

Place.] They grow in small standing Waters, and usually near Water-creffes.

Time.

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Time.] And flower in *June* and *July*, giving Seed the next Month after.

Government and Vertues.] It is a hot and biting Martial Plant. Brooklime and Watercreses, are generally used together in Diet drink, with other things serving to purge the Blood and Body from all ill Humours that would destroy Health, and are helpful to the Scurvy. They do all provoke Urine and help to break the Stone, and pass it away; they procure Womens Courses, and expel the dead Child. Being fried with Butter and

Vinegar, and applied warm, it helpeth all manner of Tumours, or Swellings, and Inflammations.

Such Drinks ought to be made of sundry Herbs, according to the Malady offending, I shall give a plain and easie Rule at the latter End of this Book.

Butchers-Broom.

It is called *Ruscus*, and *Bruscus*, *Knee-holm*, *Knee-holy*, *Knee-bulver*, and *Pettigree*.

Descript.] The first Shoots that sprout from the Root of Butchers Broom, are thick, whitish, and short, somewhat like those of Asparagus, but greater; they rising up to be a Foot and Half high, are spread into divers Branches, green, and somewhat crested with the roundness, tough and flexible. whereon are set somewhat broad and almost round hard Leaves, and prickly, pointed at the End, of a dark green Colour, two for the most part set at a Place, very close and near together; about the Middle of the Leaf on the Back and lower Side from the Middle Rib, breaketh forth a small whitish green Flower, consisting of four small round pointed Leaves, standing upon little or no Foot-stalk, and in the Place whereof cometh a small round Berry, green at the first, and red when it is ripe, wherein are two or three white, hard, round Seeds contained. The Root is thick, white, and great at the Head, and from thence sendeth forth divers thick, white, long, tough Strings.

Place.] It groweth in Coples, and upon Heaths and wast Grounds, and oftentimes under or near the Holly-Bushes.

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Time.] It shooteth forth its young Buds in the Spring, and the Berries are ripe in about September. The Branches of Leaves abiding green all the Winter.

Government and Vertues.] 'Tis a Plant of Mars, being of a gallant cleansing and opening Quality. The Decoction of the Root made with Wine, openeth Obstruction, provoketh Urine, helpeth to expel Gravel and the Stone, the Stranguary and Womens Courses, as also the Yellow Jaundice, and the Head-ach: And with some Honey or Sugar put thereunto, cleanseth the Breast of Flegm, and the Chest of such clammy Humours gathered therein. The Decoction of the Root

Obstructions, Dysury, Gravel, Stone, Stranguary, Terms provokes, Yellow Jaundice, Head-ach, Flegm, broken Bones, Dislocations.

drunk, and a Pultis made of the Berries and Leaves being applied, are effectual in knitting and consolidating broken Bones or Parts out of Joint. The common way of using it, is to boil the Roots of it, and Parsley and Fennel, and Smallage in white-Wine, and drink the Decoction, adding the like quantity of Grasse-root to them: The more of the Roots you boil, the stronger will the Decoction be; it work no ill effects, yet I hope you have Wit enough to give the strongest Decoction to the strongest Bodies.

Broom, and Broom-rape.

TO spend time in writing a Description hereof, is altogether needless, it being so generally used by all the good Housewives almost through this Land to sweep their Houses with, and therefore very well known to all sorts of People.

The Broom-rape springeth up on many Places from the Roots of the Broom (but more often in Fields, as by Hedgesides, and on Heaths) The Stalk whereof is of the bigness of a Finger or Thumb, above two Foot high, having a shew of Leaves on them, and many Flowers at the top, of a reddish yellow Colour, as also the Stalks and Leaves are.

Place.] They grow in many Places of this Land commonly, and as commonly spoil all the Land they grow in.

Time.] And flower in the Summer Months, and give their Seed before Winter.

Govern-

of the Sun, or the Malignity of Humours. As for the Broom and Broom-rape, Mars owns them, and is exceeding prejudicial to the Liver. I suppose by reason of the Antipathy between Jupiter and Mars, therefore if the Liver be diseased minister none of it.

Bucks-horn Plantane.

Descript. **T**HIS being sown of Seed, riseth up at first with small, long, narrow, hairy, dark green Leaves like Grass, without any division or gash in them; but those that follow are gashed in on both sides the Leaves into three or four Gashes, and pointed at the Ends, resembling the Knags of a Bucks-horn (whereof it took its Name) and being well grown round about the Root upon the Ground, or order one by another, thereby resembling the Form of a Star; from among which rise up divers hairy Stalks, about a Hand's breadth high, bearing every one a small, long, spiky Head like to those of the common Plantane, having such like Bloomings and Seed after them. The Root is single, long and small, with divers Strings at it.

Place.] They grow in Sandy Grounds, as in Tuttle Fields by Westminster and divers other Places of this Land.

Time.] They Flower and Seed in May, June, and July; and their green Leaves do in a manner abide fresh all the Winter.

Government and Vertues.] It is under the Dominion of Saturn, and is of a gallant drying and binding Quality.

This boiled in Wine and drunk, and some of the Leaves to the Hurt place, is an excellent Remedy for the biting of the Viper and Adder, which I take to be one and the same. The same being also drunk, helpeth those that are troubled with the Stone in the Reins or Kidneys, by cooling the Heat of the Part afflicted, and strengthening them. As also

Venomous Beasts, Stone, Stomach, Vomitting, Bleeding, Pissing Blood, Flux, Bloody-Flux, Agues, Eyes.

weak Stomachs that cannot retain but cast up their Meat. It stayeth all Bleeding both at Mouth and Nose; bloody Urine, or the Bloody-Flux, and stoppeth the Lask of the Belly and Bowels. The Leaves hereof bruited and laid to their Sides that have an Ague, suddenly easeth the Fit; and the Leaves and Roots being beaten with some Bay-Salt and applied to the Wrists, worketh the same Effects. The Herb boiled in Ale, or Wine, and given for some Mornings and Evenings together

together, stayeth the Distillation of hot and sharp Rheums falling into the Eyes from the Head, and helpeth all sorts of sore Eyes.

Bucks-Horn.

IT is called *Harts-Horn*, *Herba-stella*, and *Herba-stellaria*, *Sanguinaria*, *Herb-Eve*, and *Herb-Ivy*, and *Wort-Tresses*, and *Swine-Cresses*.

Descript.] They have many small and weak straggling Branches trailing here and there upon the Ground: The Leaves are many, small, and jagged, not much unlike to those of Bucks-Horn Plantane, but much smaller, and not so hairy. The Flowers grow among the Leaves in small, rough whitish Clusters: The Seeds are smaller and brownish, of a bitter Taste.

Place.] They grow in dry, barren and sandy Grounds.

Time.] They flower and seed when the rest of the Plantanes do.

Government and Vertues.] This is also under the Dominion of Saturn; the Vertues are held to be the same as Bucks Horn Plantane, and therefore by all Authors, it is joyned with it: But besides those, it is most certainly found out, that the

Leaves being bruised and applied to the *Bleeding, Warts.* Place, stops Bleeding; the Herb bruised and applied to Warts, will make them consume and waste away in a short time.

Bugle.

BESIDES the Name Bugle, it is called *Middle-Confound*, and *Middle Comfry*, *Brown-bugle*, and of some *Sickle-Wort*, and *Herb-Carpenter*; though in *Essex* we call another Herb by that Name.

Descript.] This hath larger Leaves than those of the *Self-heal*, but else of the same fashion, or rather a little longer, in some green on the upper-side, and in others more brownish, dented about the Edges, somewhat hairy, as the *Square-stalk* is also, which riseth up to be half a Yard high sometimes, with the Leaves set by Couples from the Middle almost whereof upwards stand the Flowers, together with many smaller and browner Leaves than the rest, on the Stalk below, set at distances, and the Stalk bare between them; among which Flowers are also small ones of a blueish, and sometimes of an Ash-colour, fashioned like the Flowers of the *Ground Ivy*, after which come small, round blackish Seed. The Root is composed of many Strings, and spreadeth upon the Ground in divers Parts round about. Th:

The white flowered Bugle differeth not in Form or Greatness from the former, saving that the Leaves and Stalks are always green and never brown like the other, and the Flowers thereof are white.

Place.] They grow in Woods, and Coppes, and Fields, generally throughout England; but the white flowered Bugle is not so plentiful as the former.

Time.] They flower from May until July, and in the mean time perfect their Seed. The Roots and Leaves next thereunto upon the Ground, abiding all Winter.

Government and Vertues.] This Herb belongeth to Dame Venus: If the Vertues of it make you in love with it (as they will if you be wise) keep a Syrup of it to take inwardly, and an Ointment and Plaister of it to use outwardly always by you

The Decoction of the Leaves and Flowers made in Wine, and taken, dissolveth the congealed Blood in those that are bruised inwardly by a Fall, or otherwise, and is very effectual for any inward Wounds, Thrusts or Stabs in the Body or Bowels: And is an especial help in all Wound-drinks, and for those that are Liver-grown (as they call it) It is wonderful in curing all manner of Ulcers and Sores, whether new and fresh, or old and inveterate, yea, Gangreens and Fistula's also, if the Leaves bruised and applied, or their Juice be used to wash and bathe the Places. And the same made into a Lotion, and some Honey and Allum, cureth all sores in the Mouth and Gums, be they never so foul or of long continuance; and worketh no less powerfully and effectually for such Ulcers and Sores as happen in the Secret Parts of Men and Women. Being also taken inwardly, or outwardly applied, it helpeth those that have broken any Bone, or have any Member out of Joint. An Ointment made with the Leaves of Bugle, Scabious and Sanicle bruised and boiled in Hoggrease, until the Herbs be dry, and then strained forth into a Pot, for such Occasions as shall require; it is so singular good for all sorts of Hurts in the Body, that none that know its Usefulness will be without it.

Bruises, Falls, Wounds, Scabs, Ulcers, Liver-grown, Gangreen, Fistulaes, sore Mouths, Gums, sore secret Parts, broken Bones.

The Truth is, I have known this Herb cure some Diseases of Saturn, of which I thought good to quote one. Many times

times such as give themselves much to drinking are troubled with strange Fancies, strange Sights in the Night-time, and

Mares, strange Sights in the Night.

some with Voices, as also with the Disease *Ephialtes*, or the *Mare*. I take the Reason of this to be (according to *Fernelius*) a melancholy Vapour made thin

excessive drinking strong Liquor, and so flies up and disturbs the Fancy, and breeds Imaginations like it self, viz. fearful and troublesome. These I have known cured by taking only two Spoonfuls of the Syrup of this Herb, after Supper two Hours, when you go to Bed. But whether this does it by Sympathy or Antipathy is some doubt in Astrology. Know there is a great Antipathy between *Saturn* and *Venus* in Matter of Procreation; yea, such a one that the Barrenness of *Saturn* can be removed by none but *Venus*; nor the Lust of *Venus* repelled by none but *Saturn*; but I am not of Opinion this is done this way, and my reason, is because these Vapours tho' in quality Melancholy, yet by their flying upward, seem to be something Aerial; therefore I rather think it is done by Sympathy; *Saturn* being exalted in *Libra*, in the Houle of *Venus*.

Burnet.

IT is a so called *Sanguisorbia*, *Pimpinella*, *Bipula*, *Solbegrella*, &c. The Common Garden Burnet is so well known, that it needeth no Description. There is another sort which is wild, the Description whereof take as followeth.

Descript.] The great wild Burnet hath winged Leaves rising from the Roots like the Garden Burnet, but not so many; yet each of these Leaves are at the least twice as large as the other and nicked in the same manner about the Edges, of a greyish Colour on the Under-side; the Stalks are greater and rise higher, with many such like Leaves set thereon, and greater Heads at the Top, of a brownish Colour, and out of them come small dark purple Flowers like the former, but greater. The Root is black and long like the other, but great also: It hath almost neither Scent nor Taste therein like the Garden kind.

Place.] The first grows frequently in Gardens. The wild kind groweth in divers Countries in this Land, especially in *Huntington* and *Northampton* Shires, in the Meadows there; as also near *London* by *Pancras* Church, and by a Cauley-side in the Middle of a Field by *Paddington*.

Time.]

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Time.] They Flower about the End of *June*, and Beginning of *July*, and their Seed is ripe in *August*.

Government and Vertues.] This is an Herb the *Sun* chal-
lengeth Dominion over, and is a most precious Herb, little
inferiour to *Betony*: The continual use of it preserves the
Body in health, and the Spirit in vigour; for if the *Sun* be
the Preserver of Life under God, his Herbs are the best in
the World to do it by. They are accounted to be both of one
Property, but the lesser is more effectual because quicker
and more Aromatical: It is a Friend to
the Heart, Liver, and other the princi-
pal Parts of a Man's Body. Two or
three of the Stalks, which Leaves put
into a Cup of Wine, especially *Claret*,
are known to quicken the Spirits, re-
fresh and clear the Heart, and drive
away *Melancholy*: It is a special help
to defend the Heart from noisom Va-
pours, and from Infection of the *Pesti-
lence* the Juice thereof being taken in
some drink, and the Party laid to sweat thereupon They
have also a drying and an astringent Quality, whereby they
are available in all manner of Fluxes of Blood or Humours,
to stanch Bleedings inward or outward, *Lasks*, Scourings, the
Bloody-flux, Womens too abundantly Flux of Courtes, the
Whites and the *Cholerick* Belchings and Castings of the Sto-
mach; and is a singular Wound Herb for all sorts of Wounds,
both of the Head and Body, either inward or outward; for
all old Ulcers running Cankers and most Sores, to be used
either by the Juice or Decoction of the Herb; or by the
Powder of the Herb or Root, or the Water of the distilled
Herb or Ointment by it self, or with other things to be
kept. The Seed is also no less effectual both to stop Fluxes,
and dry up moist Sores, being taken in Powder inwardly
in Wine, or Steeled Water, that is, wherein hot Gads of
Steel have been quench'd or the Powder, or the Seed mixed
with the Ointments.

*Heart, Liver, Me-
lancholy, Pestilence,
Epidemical Diseases,
Bleeding, stoppeth
Terms and Whites,
Belching, Vomiting,
Wounds, Ulcers,
Cankers, Sores,
Fluxes.*

The Butter-Bur, or Petasitis.

Descript.] **T**His riseth up in February, with a thick Stalk
about a foot high, whereon are set a few small
Leaves, or rather Pieces, and at the tops a long spiked head of
Flowers

Flowers of a bluish or deep red Colour, according to the Soil where it groweth, and before the Stalk with the Flowers have abided a Month above Ground, it will be withered and gone, blown away with the Wind, and the Leaves will begin to spring, which being full grown, are very large and broad, being somewhat thin, and almost round, whose thick red Foot-stalks above a Foot long, stand towards the middle of the Leaves. The lower part being divided into two round Parts, close almost one to another, and are of a pale green Colour; and hoary underneath. The Root is long and spreading under Ground, being in some Places no bigger than ones Finger, in others much bigger, blackish on the outside, and whitish within, of a bitter and unpleasant Taste.

Place and Time.] They grow in low and wet Grounds by Rivers and Water-sides. Their Flower (as is said) rising and decaying in February and March, before their Leaves, which appear in April.

Government and Vertues.] It is under the Dominion of the Sun, and therefore is a great Strengtheners of the Heart, and Chearer of the vital Spirits. The Roots thereof are by long Experience found to be very available against the Plague and Pestilential Fevers, by provoking Sweat; if the Powder thereof be taken in Wine, it also resisteth the force of any other Poyson. The Root hereof taken with Zedoary and Angelica, or without them, helps the rising of the Mother. The Decoction of the Root in Wine, is singular good for those that wheese much, or are

Plague, Epidemical
Diseases, Poyson,
Mother, Wheesing,
Difficulty of Breath-
ing, Dysury, Terms
provokes, flat and
broad Worms, Ble-
mishes of the Skin.

short-winded. It provoketh Urine also, and Womens Courses, and killeth the flat and broad Worms in the Belly. The Powder of the Root doth wonderfully help to dry up the Moisture of the Sores that are hard to be cured, and taketh away all Spots and Blemishes of the Skin. It were well if Gentlewomen would keep this Root preserved, to help their poor Neighbours, *It is fit the Rich should help the Poor, for the Poor cannot help themselves.*

The Bur-dock.

THEY are also called *Personata Bardana*, and *Lappy* major great Bur-dock, and *Clod-bur*, it is so well known, even to the little Boys, who pull of the Burs to throw and stick

upon

upon one another, that I shall spare to write any Description of it.

Place.] They grow plentifully by Ditches and Watersides, and by the High-ways almost every where through this Land.

Government and Vertues.] *Venus* challengeth this Herb for her own, and by its Leaf or Seed you may draw the Womb which way you please, either upward by applying it to the Crown of the Head, in case it falls out; or downwards in Fits of the Mother, by applying it to the Soles of the Feet; or if you would stay it in its Place, apply it to the Navel, and that is one good way to stay the Child in it. See more of it in my *Guide for Women*. The Bur-

Leaves are cooling, moderately drying, and discussing withal, whereby it is good for old Ulcers and Sores. A Dram of the Roots taken with Pine-Kernels, helpeth them that spit foul, mattery, and bloody Flegm. The Leaves applied on the Places troubled with the shrinking of the Sinews or Arteries, give much ease. The Juice of

Cools, dries Ulcers, Sores, Flegm, Sinews, Arteries, venomous Beasts, mad Dogs, Disury, Bladder, Sciatica, Burning, Sores, Cankers, Consumption, Stone, Flux.

the Leaves, or rather the Roots themselves given to drink with old Wine, doth wonderfully help the biting of any Serpents: And the Root beaten with a little Salt, and laid on the Place, suddenly easeth the Pain thereof, and helpeth those that are bit with a mad Dog. The Juice of the Leaves being drunk with Honey, provoketh Urine, and remedyeth the Pain of the Bladder. The Seed being drunk in Wine forty Days together, doth wonderfully help the Sciatica. The Leaves bruised with the White of an Egg, and applied to any Place burnt with Fire, taketh out the Fire, gives sudden ease, and heals it up afterwards. The Decoction of them fermented on any fretting Sore or Canker, stayeth the corroding Quality, which must be afterwards anointed with an Ointment made of the same Liquor, Hogs-grease, Nitre and Vinegar boiled together. The Roots may be preserved with Sugar, and taken fasting, or at other times, for the said Purposes, and for Consumptions, the Stone and the Lask. The Seed is much commended to break the Stone, and causes it to be expelled by Urine, and is often used with other Seeds, and things to that Purpose,