

DIRECTIONS.

Having in divers Places of this Treatise promised you the Way of making Syrups, Conserves, Oils, Ointments, &c. of Herbs, Roots, Flowers, &c. whereby you may have them ready for your Use at such Times when otherwise they cannot be had; I come now to perform what I promised, and you shall find me rather better than worse than my Word.

That this may be done Methodically, I shall divide my Directions into two Grand Sections, and each Section into several Chapters and then you shall see it look with such a Countenance as this is.

Sect. I.

Of gathering, drying and keeping Simples, and their Juices.

- Chap. 1. Of Leaves of Herbs, &c.
 Chap. 2. Of Flowers.
 Chap. 3. Of Seeds.
 Chap. 4. Of Roots.
 Chap. 5. Of Barks.
 Chap. 6. Of Juices.

Sect. II.

Of making and keeping Compounds.

- Chap. 1. Of distilled Waters.

- Chap. 2. Of Syrups.
 Chap. 3. Of Juleps.
 Chap. 4. Of Decoctions.
 Chap. 5. Of Oils.
 Chap. 6. Of Electuaries.
 Chap. 7. Of Conserves.
 Chap. 8. Of Preserves.
 Chap. 9. Of Lechochs.
 Chap. 10. Of Ointments.
 Chap. 11. Of Plaisters.
 Chap. 12. Of Pultisses.
 Chap. 13. Of Troches.
 Chap. 14. Of Pills.
 Chap. 15. The way of fitting Medicines to Compound Diseases.

Of all these in Order.

SECT.