

DISTILLED WATERS.

Distilled waters may be prepared from fresh, and generally also from dried, vegetables. In the latter case only half the weight of material should be used. They may also be prepared for the most part by agitating the volatile oils of the plants with water and filtering the solution. But distilled waters obtained in this way have seldom so fine a flavour as those obtained from the plants themselves.

AQUA DESTILLATA.

Take any convenient quantity of spring-water; distil it from a proper vessel, rejecting the first twentieth part, and preserving the first half of the remainder.

AQUA ANETHI.

Take of Anethum seeds bruised, eighteen ounces;
Water, two gallons;
Rectified-spirit, three fluidounces.
Mix together, and distil off one gallon.

AQUA CASSIAE.

Take of Cassia-bark bruised, eighteen ounces;
Water, two gallons;
Rectified-spirit, three fluidounces;
Mix them together, and distil off one gallon.

AQUA CINNAMOMI.

This distilled water is to be prepared with Cinnamon in the same way as Aqua cassiæ.

AQUA FOENICULI.

This distilled water is prepared with Fennel in the same way as Aqua Anethi.

AQUA LAUROCERASI.

Take of fresh leaves of Cherry-laurel, a pound ;
Water, two pints and a half ;
Compound spirit of Lavender, an ounce.

Chop down the leaves, mix them with the water, distil off one pint, agitate the distilled liquid well, filter it if any milkiness remain after a few seconds of rest, and then add the lavender spirit.

AQUA MENTHÆ PIPERITÆ.

This distilled water is prepared as Aqua menthæ viridis.

AQUA MENTHÆ VIRIDIS.

Take of leaves of Spearmint four pounds if fresh, two pounds if dry ;
Water, two gallons ;
Rectified-spirit, three fluidounces.
Mix them ; and distil off one gallon.

AQUA PIMENTAE.

Take of Pimento bruised, one pound ;
Water, two gallons ;
Rectified-spirit, three fluidounces ;
Mix them ; and distil off one gallon.

AQUA FULEGII.

This distilled water is prepared like Aqua menthæ viridis.

AQUA ROSAE.

Take of petals of Rosa centifolia, ten pounds ;
Water, two gallons ;
Rectified-spirit three fluidounces ;
Mix them and distil off one gallon. The petals should be preferred when fresh ; but it also answers well to use those which have been preserved by beating them with twice their weight of muriate of soda.

AQUA SAMBUCI.

Take of Elder-flowers, fresh, ten pounds ;
Water, two gallons ;
Rectified-spirit, three fluidounces.
Mix them, and distil off one gallon.