



Plant	Local Name	Common Name	Part Used
Adiantum species	Adiantum	Adiantum	Root
Asplenium species	Asplenium	Asplenium	Root
Polypodium species	Polypodium	Polypodium	Root
Marattia species	Marattia	Marattia	Root
Isotriaena species	Isotriaena	Isotriaena	Root
Thelypteris species	Thelypteris	Thelypteris	Root
Woodsia species	Woodsia	Woodsia	Root
Phlegmaria species	Phlegmaria	Phlegmaria	Root
Polypodium species	Polypodium	Polypodium	Root
Adiantum species	Adiantum	Adiantum	Root
Asplenium species	Asplenium	Asplenium	Root
Polypodium species	Polypodium	Polypodium	Root
Marattia species	Marattia	Marattia	Root
Isotriaena species	Isotriaena	Isotriaena	Root
Thelypteris species	Thelypteris	Thelypteris	Root
Woodsia species	Woodsia	Woodsia	Root
Phlegmaria species	Phlegmaria	Phlegmaria	Root
Polypodium species	Polypodium	Polypodium	Root
Adiantum species	Adiantum	Adiantum	Root
Asplenium species	Asplenium	Asplenium	Root
Polypodium species	Polypodium	Polypodium	Root
Marattia species	Marattia	Marattia	Root
Isotriaena species	Isotriaena	Isotriaena	Root
Thelypteris species	Thelypteris	Thelypteris	Root
Woodsia species	Woodsia	Woodsia	Root
Phlegmaria species	Phlegmaria	Phlegmaria	Root